
Free Mentor Service

Peer Mentoring is free and offered to individuals who are ages 16 and over and reside, work, or attend school in the cities of La Verne, Claremont, or Pomona.

Need a Peer Mentor?

Potential recipients of Peer Mentor Program are referred by a number of ways, such as: Tri-City staff, local schools and colleges, faith-based organizations, and community agencies or organizations. Referral forms for Peer Mentor Program are available online at:

www.tricitymhs.org



Room4Everyone.org

2008 N. Garey Ave.
Pomona, CA 91767
866.623.9500

Peer Mentor Program



What is Peer Mentoring

Peer Mentoring is a free service created by community delegates and funded through the Mental Health Services Act.

This important addition to the Prevention and Early Intervention programs provides individual and group mentoring for participants residing in the cities of Claremont, Pomona, or La Verne.

This service assists individuals ages 16 and over who are in need of mentoring support but do not meet the criteria for a higher level of care.

Mentees are matched with volunteer peer mentors who share similar interests or life experiences. This dedicated team of community volunteers receive extensive training, weekly reviews, and supervision from clinicians provided by Tri-City Mental Health Center.

Become a Peer Mentor

- ◆ Must be over 18 years old
- ◆ Must work, volunteer, reside or attend a school in the Tri-City area
- ◆ Be compassionate and possess excellent listening skills
- ◆ Able to assist individuals with a variety of mental and emotional issues

Peer Mentor Qualifications

- ◆ **Complete an application and interview**
- ◆ **Clear a background check [finger prints], drug and TB Test**
- ◆ **Complete a mandatory 8hr Mental Health First Aid training**
- ◆ **Available to: meet weekly with a mentee, attend weekly meetings, and supervision**

Peer  Support



Benefits of becoming a Peer Mentor

- ◆ Give back to your community
- ◆ Hands on experience
- ◆ Personal growth
- ◆ Add to your resume
- ◆ Preparation for workforce

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