

**For more  
information about  
the Community  
Wellbeing Program**

**Contact**

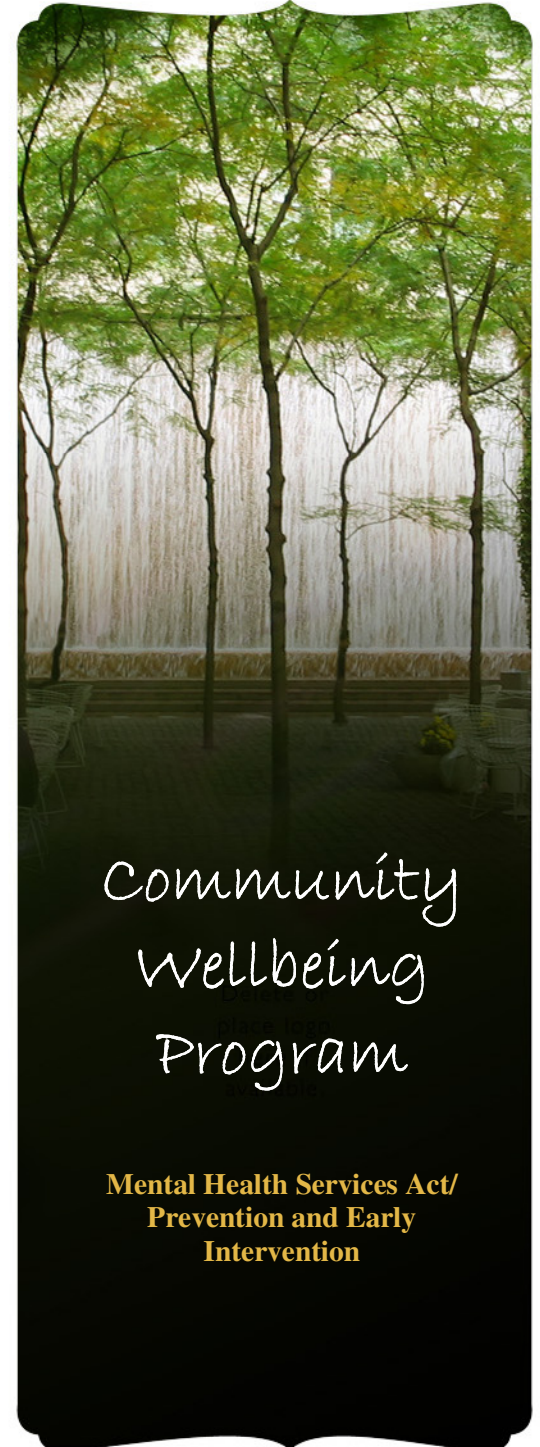
**Chris Anzalone**  
**(909) 784-3237**  
[canzalone@tricitymhs.org](mailto:canzalone@tricitymhs.org)

**Or visit**  
[www.tricitymhs.org](http://www.tricitymhs.org)



**What is the Tri-City  
Mental Health  
System?**

*The Tri-City Mental Health System is the system of mental health services and supports available to residents of Claremont, La Verne, and Pomona. The system is managed by Tri-City Mental Health Center and includes the mental health clinic as well as programs such as The Community Navigators and Full Service Partnerships.*



*Community  
Wellbeing  
Program*

**Mental Health Services Act/  
Prevention and Early  
Intervention**



# Community Wellbeing Program



This program is a part of The Community Capacity Building initiative implemented through the Prevention and Early Intervention (PEI) plan. Local communities will be supported to implement community-driven plans to promote the mental and emotional well-being of their members.

The program recognizes that communities in Pomona, La Verne, and Claremont have important knowledge and valuable experience in promoting wellbeing within the three cities.



## Who is this grant for?

This grant is intended to support any group of people within the areas of Pomona, La Verne, or Claremont that support each other and are working toward or interested in the wellbeing of their own members. The Community Wellbeing Program is offering a partnership to enhance the ability of communities to effectively help members. Successfully applying communities will:

- Be committed to results and sustainability.
- Be willing to learn about themselves and to regularly assess their efforts .
- Continue, or enhance, work that promotes wellness in their members and align with the intention of the PEI plan.

## What are the benefits?

- Communities will be able to apply for Community Wellbeing Grants to support their efforts; up to \$10,000.
- Greater awareness about mental health and wellness in communities.
- Communities will be offered support in facilitation, leadership development, conflict resolution, and data gathering and analysis through the planning process.
- Community driven data can be used to increase commitment to results and sustainability.
- Increased learning through forums/summits with other communities who are also committed to wellbeing.