



MISSION

By understanding the needs of consumers and families, Tri-City provides high quality, culturally competent behavioral health care treatment, prevention and education in the diverse cities of Pomona, Claremont, and La Verne.

TRI-CITY MENTAL HEALTH AUTHORITY MENTAL HEALTH COMMISSION AGENDA

FEBRUARY 14, 2022
3:30 p.m.

MEETING LOCATION

There will be no in-person public meeting location. On September 16, 2021, the Legislature amended the Brown Act provisions regarding teleconferencing through Assembly Bill No. 361, codified under Government Code § 54953. Accordingly, the Mental Health Commission will hold this public meeting via teleconference and the public seeking to observe and to address the Mental Health Commission may participate telephonically or otherwise electronically.

To join the Mental Health Commission meeting click on the following link:

<https://tricitymhs-org.zoom.us/j/88678800143?pwd=VHRmTUxsbzdjVTNjNkFQNFU3V1hvQT09>

Passcode: xm.T07sV

Or Telephone: 1-213-338-8477

Webinar ID: 886 7880 0143

Passcode: 57440169

Posting of Agenda. The Agenda is posted 72 hours prior to each meeting on the Tri-City's website: <http://www.tricitymhs.org>

*Public Participation. Section 54954.3 of the Brown Act provides an opportunity for members of the public to address the Mental Health Commission on any item of interest to the public, before or during the consideration of the item, that is within the subject matter jurisdiction of the Mental Health Commission. **The public can make a comment during the meeting by using the 'raised hand' feature, or by calling in, if they wish to address a particular agenda item or to make a general comment on a matter within the subject matter jurisdiction of the Mental Health Commission. The Chair will call on the member of the public at the appropriate time and allow the person to provide live comment. The public can also submit a comment by writing an email to molmos@tricitymhs.org.** All email messages received by 1:30 p.m. will be shared with the Mental Health Commission before the meeting. If you wish to speak on a matter which is not on the agenda, you will be given the opportunity to do so at the Public Comment section. No action shall be taken on any item not appearing on the Agenda. The Chair reserves the right to place limits on duration of comments.*

Any disclosable public records related to an open session item on a regular meeting agenda and distributed by Tri-City Mental Health Authority to all or a majority of the Mental Health Commission less than 72 hours prior to this meeting are available for public inspection at <http://www.tricitymhs.org>

CALL TO ORDER

Chair Henderson calls the meeting to Order.

ROLL CALL

Anne Henderson – *Chair*
Wray Ryback – *Vice-Chair*
Carolyn Cockrell – GB Liaison

Clarence D. Cernal
Isabella A. Chavez
Nichole Perry

Joan M. Reyes
Twila L. Stephens
Toni L. Watson

REGULAR BUSINESS

- I. **APPROVAL OF MINUTES FROM THE DECEMBER 21, 2022 GOVERNING BOARD AND MENTAL HEALTH COMMISSION REGULAR JOINT MEETING**
- II. **APPROVAL OF MINUTES FROM THE JANUARY 10, 2023 MENTAL HEALTH COMMISSION REGULAR MEETING**
- III. **PRESENTATION**
 - A. **TCMHA COMMUNITY WELLBEING GRANTS**
 - B. **CLINICAL TRAINING PROGRAM**
- IV. **EXECUTIVE DIRECTOR MONTHLY REPORT**

COMMISSION ITEMS AND REPORTS

Commissioners are encouraged to provide comments or ask questions about the community's mental health needs, services, facilities and special problems. In addition, this is an opportunity to provide reports on their activities.

PUBLIC COMMENT

The Public may speak regarding any Tri-City related issue. No action shall be taken on any item not appearing on the Agenda. The Chair reserves the right to place limits on duration of comments.

ADJOURNMENT

The next Regular Meeting of the Mental Health Commission will be held on **Tuesday, March 14, 2023 at 3:30 p.m.** in the MHSA Administrative Office, 2001 North Garey Avenue, Pomona, California.

MICAELA P. OLMOS
JPA ADMINISTRATOR/CLERK



MINUTES

GOVERNING BOARD / MENTAL HEALTH COMMISSION REGULAR JOINT MEETING

DECEMBER 21, 2022 – 5:00 P.M.

The Governing Board and the Mental Health Commission held on Wednesday, December 21, 2022 at 5:02 p.m. its Regular Joint Meeting Via Teleconference pursuant to Government Code § 54953, which allows the continuation to hold meetings without gathering in a room in an effort to minimize the spread and mitigate the effects of COVID-19 (Corona Virus Disease of 2019).

CALL TO ORDER Chair Leano called the meeting to order at 5:02 p.m.

ROLL CALL Roll call was taken by JPA Administrator/Clerk Olmos.

GOVERNING BOARD

PRESENT: Jed Leano, City of Claremont, Chair
John Nolte, City of Pomona, Vice-Chair
Carolyn Cockrell, City of La Verne, Board Member (joined at 5:45 p.m.)
Paula Lantz, City of Pomona, Board Member (joined at 5:07 p.m.)
Wendy Lau, City of La Verne, Board Member
Elizabeth Ontiveros-Cole, City of Pomona, Board Member (joined at 5:14 p.m.)
Ronald T. Vera, City of Claremont, Board Member

ABSENT: None.

MENTAL HEALTH COMMISSION

PRESENT: Wray Ryback, Vice-Chair
Carolyn Cockrell, GB Member Liaison (joined at 5:45 p.m.)
Clarence D. Cernal, Commissioner
Joan M. Reyes, Commissioner
Twila L. Stephens, Commissioner
Toni L. Watson, Commissioner

ABSENT: Anne Henderson, Chair
Isabella A. Chavez, Commissioner
Nichole Perry, Commissioner
Alfonso Villanueva, Commissioner

STAFF

Present: Rimmi Hundal, Executive Director
Darold Pieper, General Counsel
Diana Acosta, Chief Financial Officer

AGENDA ITEM NO. I

Liz Renteria, Chief Clinical Officer
Seeyam Teimoori, Medical Director
Dana Barford, Director of MHSA & Ethnic Services
Natalie Majors-Stewart, Chief Compliance Officer
Kitha Torregano, HR Manager
Mary Monzon, Housing Manager
Mica Olmos, JPA Administrator/Clerk

REMEMBRANCE

REMEMBRANCE OF JOSEPH (JOE) LYONS, PH.D., FORMER TRI-CITY MENTAL HEALTH AUTHORITY GOVERNING BOARD MEMBER AND CITY OF CLAREMONT COUNCIL MEMBER AND MAYOR

At 5:07 p.m. Board Member Paula Lantz joined the meeting.

Sharyn Webb, Mr. Lyons wife, was in attendance at the meeting.

Governing Board Chair Leano, stated on behalf of the City of Claremont and of Tri-City Mental Health Authority, that it is with tremendous sadness the announcement of the passing of Joseph Lyons, former Claremont City Council Member and Mayor, and Governing Board Member for TCMHA; that Dr. Lyons passed away surrounded by his loved ones and expressed condolences to his family and friends. He then reported that in the last week, the flags at Claremont City Hall were lowered half-staff in his honor; that Dr. Lyons served 2 terms on the Claremont City Council from March, 2011 to November, 2018, on the Tri-City Mental Health Governing Board, the 6 Basins Watermaster Board, the Pomona Valley Transit Authority, the Cities Committee on Aging, the Foothill Transit, and the San Gabriel Valley Council of Governments Board. He then provided Dr. Lyons biography, stating that he was born in Fresno and raised in the suburbs of Boston until his mid-teens when his family moved to San Diego; that he earned a Bachelor's and Master's Degree in Microbiology from San Diego State University, and later earned a PH.D. in Immunogenetics from Vrije Universiteit Medical School in Amsterdam in the Netherlands; that he began his career in medical research at the University of California, San Diego, at the School of Medicine, from 1972 to 1983, and he retired from that position that he helped create in the Infectious Diseases Research Laboratory at the City of Hope National Medical Center where he worked from 1983 to 2009; that he was a resident of Claremont since 2002 with his beloved wife, Sharyn Webb; that Dr. Lyons was the proud father of 4 sons and was actively involved in all levels of youth, sports, and organized activities in which his sons participated; that he was a founding president of the San Dimas High School Academic Boosters Club and was a community member on a number of school advisory boards, including the WASC Accreditation Committee; that more recently he served on the boards of the Pomona Valley Chapter of the National Alliance on Mental Illness, the Inland Valley Chapter of Death Penalty Focus, and on the Los Angeles County Continuum of Care for homelessness.

Board Member Vera shared that he met Dr. Lyons through NAMI and got to know him quite well; that Dr. Lyons had encouraged him to apply to be on this Board; that he was shocked to learn about his passing; that Dr. Lyons was just a treasure; and that Board Member Vera just enjoyed their many conversations about how to deal with homelessness, mental illnesses, and other matters; and expressed his extreme condolences to Dr. Lyons' family and how much he appreciated Dr. Lyons' friendship.

Board Member Lantz stated that she also was very sad to learn of Dr Lyons passing; that she served with him on the Tri-City Mental Health Governing Board for many years, and more recently he was the San Gabriel Valley Consortium representative on the LA Continuum of Care for homelessness and that she was an at-large representative on that same group; that they both had many very long discussions about LAHSA and several programs that were supposed to be providing care, noting that she and Dr. Lyons were very vocal advocates for San Gabriel Valley there; and that she will miss their great conversations and collaboration on the subject of homelessness in the San Gabriel Valley.

Executive Director Hundal stated that she was very sad and shocked to hear about the passing of Dr Lyons; that she met him at a NAMI meeting in 2008 when he was still working at City of Hope, noting that she was very impressed with his passion for individuals with a mental illness and for those suffering from homelessness; that he was always caring for, and the voice of, individuals that were unheard and unrepresented. She then shared that Dr. Lyons was part of Tri-City's first stakeholder process; and that based on his recommendation, Tri-City was the first agency in the State of California to implement Mental Health Aid with one-day trainings, noting that the National Council was impressed with Tri-City trainings, which was possible because of his vision for mental health; that Dr. Lyons also talked about building capacity in the community, noting that he was always an advocate for the community and very supportive of Tri-City staff. She then expressed her condolences to his wife Sharyn and family; stated that Tri-City was available for her; and thanked her for attending the meeting today.

Chief Financial Officer Acosta expressed her condolences to the family of Dr. Lyons; and also expressed her appreciation for his many years of service, noting that he was very dedicated to the community, to Tri-City's mission, and to the mission of mental health; and thanked Dr. Lyons' family for attending this meeting.

Commissioner Watson shared that when she joined the Mental Health Commission, she remembers Dr. Lyons and his passion for wanting to make the world a better place, which definitely inspired her. She then expressed her condolences.

Governing Board Chair Leano thanked Dr. Lyons' wife Sharyn, for being here tonight to allow Tri-City to express how much Dr. Lyons meant to this agency and to share it with her.

Since there was no quorum of the Mental Health Commission; the Governing Board Consent Calendar was taken out of order.

At 5:14 p.m. Board Member Elizabeth Ontiveros-Cole joined the meeting.

CONSENT CALENDAR – GOVERNING BOARD

Chair Leano opened the meeting for public comment; and there was no public comment.

There being no comment, Vice-Chair Nolte moved, and Board Member Lau seconded, to approve the Consent Calendar. The motion was carried by the following vote, with Board Members Lantz and Vera abstaining from approval of Agenda Item No. 4 - the Minutes of the Governing Board Regular Meeting of November 16, 2022: AYES: Board Members Lantz, Lau, Ontiveros-Cole, and Vera; Vice-Chair Nolte; and Chair Leano. NOES: None. ABSTAIN: None. ABSENT: Board Member Cockrell.

3. CONSIDERATION OF RESOLUTION NO. 684 AUTHORIZING THE IMPLEMENTATION OF TELECONFERENCING REQUIREMENTS DURING A PROCLAIMED STATE OF EMERGENCY UNDER GOVERNMENT CODE SECTION 54953 (AB 361)

Recommendation: “A motion to adopt Resolution No. 684 finding and declaring that it unsafe to meet in person during the proclaimed state of emergency as a result of the continued threat of COVID-19, and authorizes the Executive Director, or her designee, to continue utilizing teleconferencing accessibility to conduct the Authority’s public meetings pursuant to Government Code § 54953.”

4. APPROVAL OF MINUTES FROM THE NOVEMBER 16, 2022 GOVERNING BOARD REGULAR MEETING

Recommendation: “A motion to approve the Minutes of the Governing Board Regular Meeting of November 16, 2022.”

5. CONSIDERATION OF RESOLUTION NO. 685 OF THE GOVERNING BOARD OF TRI-CITY MENTAL HEALTH AUTHORITY ADOPTING ITS 2023 MEETING SCHEDULE

Recommendation: “A motion to adopt Resolution No. 685, establishing the Governing Board and of the Mental Health Commission 2023 Meeting Schedule.”

6. APPROVAL TO RE-APPOINT ANNE HENDERSON AS MEMBER TO THE TRI-CITY MENTAL HEALTH COMMISSION

Recommendation: “Staff recommends that the Governing Board consider the reappointment of Anne Henderson as member to the Mental Health Commission for a three-year term expiring on December 2025.”

7. CONSIDERATION OF RESOLUTION NO. 686 RATIFYING AND APPROVING AN ENGAGEMENT AGREEMENT WITH LIEBERT CASSIDY WHITMORE FOR LITIGATION IN AN AMOUNT NOT TO EXCEED \$75,000

Recommendation: “A motion to adopt Resolution No. 686 ratifying all expenses incurred and paid to date, and establishing a maximum budget in an amount not to exceed \$75,000 for the Engagement.”

NEW BUSINESS – GOVERNING BOARD

8. CONSIDERATION OF RESOLUTION NO. 687 ADOPTING CLASSIFICATION AND SALARY SCHEDULE TO COMPLY WITH THE NEW STATE MINIMUM WAGE REQUIREMENTS EFFECTIVE JANUARY 1, 2023

Human Resources Manager Torregano reported that this is the last phase of the Governor’s seven year plan to raise the Minimum Wage Rate in California; that it is effective on January 1, 2023; that it brings the Minimum Wage Rate to \$15.50 per hour, which also increases the annual exempt rate for employees; and that this year that change will impact approximately ten Tri-City employees; and that this increase will result in a budget change of approximately \$31,000.

Chair Leano opened the meeting for public comment; and there was no public comment.

There being no further comment, Board Member Vera moved, and Board Member Lau seconded, to adopt Resolution No. 687 establishing a revised Classification and Salary Schedule for Tri-City Mental Health Authority effective January 1, 2023 to comply with the new State Minimum Wage requirements. The motion was carried by the following vote: AYES: Board Members Lantz, Lau, Ontiveros-Cole, and Vera; Vice-Chair Nolte; and Chair Leano. NOES: None. ABSTAIN: None. ABSENT: Board Member Cockrell.

9. CONSIDERATION OF RESOLUTION NO. 688 AUTHORIZING THE EXECUTIVE DIRECTOR TO EXECUTE A SECOND AMENDMENT TO THE AGREEMENT WITH THE CITY OF POMONA FOR THE AUTHORITY'S USE OF THE CITY'S 'HOPE FOR HOME' YEAR-ROUND EMERGENCY SHELTER FACILITY

Chief Clinical Officer Renteria reported that this is the Second Amendment to the contract with City of Pomona for the Hope For Home Emergency Shelter, and pointed out the rate will remain the same for the 31 beds reserved for Tri-City; and that staff recommends to continue to offer this service to Tri-City clients by providing them with crisis shelter as needed. She also said that staff reviewed data to make sure that we are still at the right capacity number, which it is the right number and the right amount to continue to serve Tri-City clients for emergency crisis shelter.

Board Member Lantz inquired about the utilization of those beds since the Hope For Home had been quarantined, but we continue to pay for periods of time when we cannot use the beds; and inquired how often this occurs. Chief Clinical Officer Renteria replied that staff spent some time over the summer working on the data, confirming that it looked a little different with the quarantine; however, after staff looked at several years of use, it was determined that that this seems to be the right amount of beds and data showed that we use these beds to capacity most years, even during the quarantine time. Therefore, it would not be a misuse of our resources to continue to pay at this rate; that Tri-City has a more effective daily census system to make sure that we are fully utilizing the capacity at the shelter; and that if there ever is a need to decrease or increase, staff will be able to determine this right away.

Chair Leano opened the meeting for public comment; and there was no public comment.

There being no further discussion, Board Member Lantz moved, and Vice-Chair Nolte seconded, to adopt Resolution No. 688 authorizing the Second Amendment to the Agreement with the City of Pomona to reserve and pay the sum of \$396,025 for the Authority's exclusive use of 31 shelter beds in the City's Year-Round Emergency Shelter, and authorizing the Executive Director to execute it effective July 1, 2022. The motion was carried by the following vote: AYES: Board Members Lantz, Lau, Ontiveros-Cole, and Vera; Vice-Chair Nolte; and Chair Leano. NOES: None. ABSTAIN: None. ABSENT: Board Member Cockrell.

10. CONSIDERATION OF RESOLUTION NO. 689 AUTHORIZING THE EXECUTIVE DIRECTOR TO EXECUTE THE SECOND AMENDMENT TO THE DISPOSITION AND DEVELOPMENT (DDA) AGREEMENT WITH RESTORE NEIGHBORHOODS, LA, INC. (RNLA) FOR THE CLAREMONT GARDENS SENIOR HOUSING PROJECT AT 956 W BASELINE ROAD IN CLAREMONT, CALIFORNIA

Executive Director Hundal reported that at the request of Developer RNLA, staff was asking for an extension to close escrow on the project, explaining that unfortunately RNLA had delays in

obtaining final prevailing wages rates for small contractors and subcontractors, finalizing multiple performance bonds for the project, and obtaining the final documents for the funding from the County of Los Angeles. She pointed out that all of the processes necessary to finalize the project are well under way and it is expected to close escrow in late December or mid-January; however, staff is asking for an extension until March 31, 2023 to avoid any time constraints.

Chair Leano opened the meeting for public comment; and there was no public comment.

There being no further comment, Vice Chair Nolte moved, and Board Member Vera seconded, to adopt Resolution No. 689 authorizing the Executive Director to execute the Second Amendment to the DDA with RNLA to extend the escrow closing deadline to March 31, 2023 for the Claremont Garden senior housing project, at 956 W. Baseline Road in Claremont, California. The motion was carried by the following vote: AYES: Board Members Lantz, Lau, Ontiveros-Cole, and Vera; Vice-Chair Nolte; and Chair Leano. NOES: None. ABSTAIN: None. ABSENT: Board Member Cockrell.

11. CONSIDERATION OF RESOLUTION NO. 690 AUTHORIZING THE EXECUTIVE DIRECTOR TO ACCEPT ON BEHALF OF TCMHA AN AWARD IN THE AMOUNT OF \$3,604,556 UNDER THE NO PLACE LIKE HOME (NPLH) PROGRAM COMPETITIVE ALLOCATION ROUND 4 APPLICATION

Housing Manager Monzon, stated that Tri-City had partnered with Developer Cesar Chavez Foundation (CCF) and completed the No Place Like Home Grant Application, Round 4, early this year, which was approved in August. She explained that when the Application was submitted, there was a request for funds in an amount not exceed \$2,455,488; however, CCF did not include the request for capital improvements; and that this Resolution is updated to reflect the correct amounts.

Chair Leano opened the meeting for public comment; and there was no public comment.

There being no further comment, Board Member Lantz moved, and Board Member Vera seconded, to adopt Resolution No. 690 authorizing the Executive Director to accept on behalf of Tri-City Mental Health Authority an award in the amount of \$3,604,556 under the NPLH Competitive Allocation Round 4 Application which includes \$2,437,123 for capital improvements and \$1,167,433 for Capital Operative Subsidy Reserve funds (COSR), for 8 units of permanent supportive housing in the West End Village Housing Project. The motion was carried by the following vote: AYES: Board Members Lantz, Lau, Ontiveros-Cole, and Vera; Vice-Chair Nolte; and Chair Leano. NOES: None. ABSTAIN: None. ABSENT: Board Member Cockrell.

12. CONSIDERATION OF RESOLUTION NO. 691 AUTHORIZING THE EXECUTIVE DIRECTOR TO EXECUTE AN AGREEMENT WITH GETACCEPT, INC. FOR ELECTRONIC SIGNATURE SERVICES FOR ONE YEAR IN THE AMOUNT OF \$19,990.37, WITH AN OPTION TO RENEW FOR TWO SUCCESSIVE ONE-YEAR TERMS

Chief Compliance Officer Majors-Stewart stated that staff was recommending that Tri-City enter into an agreement with GetAccept, a company that offers web based digital signature services, which is a very important and critical need for Tri-City right now since in the last two years the need for, and request for services to be provided via telehealth has significantly increased, noting

that working with GetAccept will allow Tri-City to more efficiently and securely obtain appropriate signatures on required client documentation in a remote manner.

Board Member Vera inquired how this service will work for those clients who may not have the capacity to sign, and if a guardian will be able to sign. Chief Compliance Officer Majors-Stewart replied in the affirmative, pointing out that it is part of Tri-City's legal representative and consenting process; and that if there is a legal representative other than the client, those documents will go to that person.

Board Member Lantz inquired if this was a competitive process because she did not see in the agenda report any reference to having sent out a Request for Proposals or a Request for Bids or anything similar. Chief Compliance Officer Majors-Stewart indicated that staff did not conduct a competitive process because the contract is under \$25k; however, staff reviewed several companies, including DocuSign, Adobe Sign, EFax, and that GetAccept was selected because they have the functionality, HIPAA security, and cost that is best suited to Tri-City's needs at this time.

Board Member Lau inquired if Tri-City has a policy that dictates the thresholds required for Board approval, or non-Board approval. Counsel Pieper replied in the affirmative, noting that the Board adopted a Purchasing Policy that governs these issues.

Chair Leano opened the meeting for public comment; and there was no public comment.

There being no further discussion, Vice-Chair Nolte moved, and Board Member Lau seconded, to adopt Resolution No. 691 approving an Agreement with GetAccept, Inc. for Electronic Signature Services in the amount of \$19,990.37 commencing on December 21, 2022, and terminating on December 20, 2023; with an option to renew for two successive one-year terms; and authorizing the Executive Director to execute the Agreement. The motion was carried by the following vote: AYES: Board Members Lantz, Lau, Ontiveros-Cole, and Vera; Vice-Chair Nolte; and Chair Leano. NOES: None. ABSTAIN: None. ABSENT: Board Member Cockrell.

MONTHLY STAFF REPORTS

13. RIMMI HUNDAL, EXECUTIVE DIRECTOR REPORT

Executive Director Hundal reported that staff is starting a new internal newsletter at Tri-City, noting that the first one will be published in January; that the goal is to help staff stay regularly informed about Tri-City's activities, and to engage and connect them to their colleagues and other departments tied to the organization's mission and values. She explained that working from home certain days a week does not allow that connection to take place; and that the first issue will highlight departments and teams about what they are doing, what they have accomplished in the last year, and what is coming up in the coming year. She also reported that Tri-City had its annual employee appreciation and recognition event, which took place virtually; described the activities that took place; and that 26 nominations for employee of the year were received; that the winner was Brittany Nguyễn, Community Capacity Organizer. She then stated that staff had its first leadership training call DiSC, a personal assessment to help improve communication, teamwork, and productivity in the workplace, noting that leadership learned ways to communicate with each other and to understand each other; and that it helped improve their communication. Lastly, that there were 8 new hires, and one separation last month.

14. DIANA ACOSTA, CHIEF FINANCIAL OFFICER REPORT

Chief Financial Officer Acosta stated that at this time we are just at the end of the calendar year, and finance department's attention is currently being turned over to preparing the annual budget and the MHSA budget.

At 5:45 p.m. Board Member Carolyn Cockrell joined the meeting.

Board Member Vera inquired for the actual amount that is subject to reversion, if Tri-City does not utilize it properly. Chief Financial Officer Acosta replied that she does not have that actual number ready because it is still in the works.

Executive Director Hundal stated that there is no money currently at risk of reversion, and reported that Dana Barford and her team is putting a plan together to utilize the money that we have for next year, so that there will be no risk of reversion next year either.

Board Member Lantz inquired about the remodeling of the MHSA building, noting that the staff report indicated that plans have been approved, but it was on hold pending the updated electrical plan. Chief Financial Officer Acosta indicated that on the remodeling part, the electrical was the hold up; however, since the electrical project is now complete, staff is now working with the interior designer who has issued a Request for Proposals, and in two months staff will present the selected contractor to award the contract.

15. LIZ RENTERIA, CHIEF CLINICAL OFFICER REPORT

Chief Clinical Officer Renteria reported two small victories and progress in the way which are strengthening Tri-City's clinical programs: 1) the first team member became certified as a Peer Support Specialist through the State of California so that Tri-City can bill Medicaid, noting that hopefully in the next couple of months most of their team will be certified as Peer Support Specialists; and 2) that one clinical staff member became certified in the Child Parent Psychotherapy, a therapeutic modality for specifically for the 0-5 population, noting it is an area that we continue to grow because early intervention with the youngest families is often the most impactful; and explained the certification process. She also stated that Tri-City's Therapeutic Community Garden provided a workshop at a Cal Poly Pomona Veteran's Resource Center, a continued effort to reach to the 20 - 25 and under population; and that staff continue to make progress on the timelines to complete intake assessments as Tri-City is more staffed.

16. SEEYAM TEIMOORI, MEDICAL DIRECTOR REPORT

Medical Director Teimoori explained that his report was in support of two agendas that he was planning to bring to the Board, but unfortunately, we did not get the M.O.U. approved on time by the Pomona Valley Hospital. He pointed out staff's efforts to increase and expand Tri-City's collaboration with family medicine program in terms of their education, and also in terms of them providing with their faculties primary care services in an ongoing basis by Tri-City providing offices in Tri-City's building.

17. DANA BARFORD, DIRECTOR OF MHSA AND ETHNIC SERVICES REPORT

Director of MHSA & Ethnic Services Barford reported that Access To Services, and the School Based Services program, are currently funded under 1991 Realignment funds; that an

Amendment to the MHSA Annual Update is currently posted for a 30-day comment period to have both programs transferred to MHSA, noting that the Access To Care program would be transferred to the Community Services and Supports (CSS) Plan, at an annual cost of approximately \$755,000; and the School Based Services program transferred to Prevention and Early Intervention, in an approximate amount of \$817,000 annually; that after the 30-day comment period, the Amendment will be presented to the Mental Health Commission and the Governing Board next month for their consideration and approval. She then talked about two events that took place at the Wellness Center: 1) the Thanksgiving where turkey and food baskets are given to families; and 2) the family movie night and the Christmas Tree lighting event, noting that it was limited due to COVID restrictions.

18. NATALIE MAJORS-STEWART, CHIEF COMPLIANCE OFFICER REPORT

Chief Compliance Officer Majors-Stewart provided a year review update on the agency's progress with the California Department of Health Care Services Cal AIM requirements, noting that the Board will be hearing about this for the next several years as Tri-City continues to implement the requirements. She pointed out that this is California's initiative to modernize the State's Medicaid program; thus, there is quite a bit of policy program design regulation changes that will be taking place. She then expressed happiness to report that staff had made great progress with a major Cal Aim milestone for this year that has a great impact on Tri City, including modifications to the criteria for accessing services based on the qualifications; that there are some other initiatives related primarily to standardizing screening tools across the State of California for both mental health plans and managed care plans, and payment reform, noting that staff is following the developments for some of next year's challenges specifically related to payment reform; however, staff will continue with our internal planning to ensure continued compliance of requirements.

Chair Leano opened the meeting for public comment; and there was no public comment.

There being no further comment, Vice-Chair Nolte moved, and Board Member Lau seconded, to receive and file the month of December staff reports. The motion was carried by the following vote: AYES: Board Members Cockrell, Lantz, Lau, Ontiveros-Cole, and Vera; Vice-Chair Nolte; and Chair Leano. NOES: None. ABSTAIN: None. ABSENT: None.

MENTAL HEALTH COMMISSION

1. APPROVAL OF MINUTES – MENTAL HEALTH COMMISSION REGULAR MEETING OF NOVEMBER 8, 2022

Commissioner Watson moved, and Commissioner Reyes seconded, to approve the Mental Health Commission Minutes of its Regular Meeting of November 8, 2022.

Vice-Chair Ryback opened the meeting for public comment; and there was no public comment.

There being no comment, the motion was carried by the following vote: AYES: Board Member Liaison Cockrell; Commissioners Cernal, Reyes, Stephens, and Watson; and Vice-Chair Ryback. NOES: None. ABSTAIN: None. ABSENT: Commissioners Chavez, Perry, and Villanueva; and Chair Henderson.

2. REPORT ON THE 2022 DATA NOTEBOOK FOR THE CBHPC FOCUS ON THE 'IMPACT OF THE COVID-19 PUBLIC HEALTH EMERGENCY ON: (1) THE BEHAVIORAL HEALTH OF VULNERABLE POPULATIONS IN CALIFORNIA, AND (2) THE ABILITY OF COUNTY BEHAVIORAL HEALTH DEPARTMENTS TO PROVIDE MENTAL HEALTH AND SUBSTANCE USE DISORDER (SUD) TREATMENT SERVICES IN 2020 AND 2021.'

Tri-City Mental Health Commission, with staff assistance, answered the Data Notebook questions pursuant to (W.I.C. 5604.2) to report each year to the California Behavioral Health Planning Council (CBHPC); and to the Tri-City Mental Health Authority Governing Board.

Director of MHSA and Ethnic Services Barford announced that the Mental Health Commission AD Hoc Committee will present the Data Notebook; explained that again this year Tri-City had the opportunity to participate in this project hosted by the California Behavioral Health Planning Council, which takes all of this information from all the different counties and combine it together into one report that is presented to the California legislation. She then stated that Keri Zehm, Program and Outcomes Analyst Supervisor, met with staff and put together the outcomes.

Commissioner Reyes provided an overview of the Data Notebook 2022 for the California Behavioral Health Boards and Commissions, explaining that the Data Notebook helps the local boards and commissions meet their mandates under the Welfare and Institution Codes to report to the Planning Council each year about performance outcomes and their local behavioral health services; that this is an annual report completed by an Ad Hoc Committee of Tri-City Mental Health Commission, and presented to the Tri-City Governing Board, and submitted to the California Behavioral Health Planning Council (CBHPC). She then spoke about the importance of the Data Notebook because each year it focusses on a specific area of interest, with a variety of questions to be answered; and that the completed Data Notebook is provided to the CBHPC, who then compile the responses from the local mental/behavioral health boards/commissions into an overview report; and the report can be seen at: [Final Draft CBHPC 2020 Data Notebook Overview Report \(calbhbc.org\)](#). She indicated that the information obtained is used by the CBHPC to fulfill its mandate to inform the California Legislature about the status of mental health services in California; and that the Data Notebook AD Hoc Committee were Mental Health Commissioners Wray Ryback, Joan Reyes, Clarence Cernal, Tony Lynn Watson, and Al Villanueva, and Tri-City staff members Kari Zehm and Dana Barford.

Commissioner Watson explained the process to prepare the Data Notebook which included forming the AdHoc Committee; discussed the questions; finalized the draft of the responses and completed the survey online prior to October 2022; and that the final step is presenting it to the Governing Board. She then stated that the topic selected for this year by the Planning Council is a focus on the impact of the COVID-19 public health emergency on the behavioral health of vulnerable populations in the California, foster youth, homeless individuals, and those with serious mental illness, and the ability of the County Behavioral Health Departments to provide mental health and substance use disorder treatment services in 2020 and 2021. She then discussed the points of stress on our county system for children and youth behavioral health services during the pandemic, which were an increased numbers of youth receiving services who reported significant levels of anxiety and major depression, with or without severe impairment; that based on the diagnosis data for the anxiety and depressive disorders, there was a slight increase in both anxiety and depression during the pandemic; and that ER data from Pomona Valley Hospital revealed that there a decrease in ER visits, possibly due to people's fears of going to the hospital rather than the need for ER services; that they learned that children in youth adapting to the changes

and increase in the need for various services was challenging; and trying to meet the needs of children and families with limited staff was also difficult. She pointed out that the top three concerns for our county, for children and youth services was 1) increased number of youth presenting for services who reported thoughts of suicide or other thoughts of self-harm; 2) increased need for youth crisis intervention by behavioral health crisis teams and or use of psychiatric emergency setting or crisis stabilization unit; and 3) an increased number of youth receiving services who reported significant levels of anxiety, with or without severe impairment.

MHC Vice-Chair Ryback reported that there were a number of different questions that the Planning Council provided, noting that they also provided some options to choose from, such as identifying the points of stress in our system for adult behavioral health services; that based on the diagnosis data, at Tri-City there were no differences in anxiety and depression during the pandemic; however, interestingly the Pomona Valley Hospital had a decrease in ER visits both for self-harm diagnoses as well as those seeking treatment for alcohol or drug use disorders, which points out again some of the fear factor about going to the hospital during the pandemic; and that it illuminates the need for outpatient treatment, which is what Tri-City provides; thus, if people cannot get the services in the ER, Tri-City is ready and available for people to reach out. She also stated that they answered which were the 3 top stressors for behavioral health needs of all the adults, which were increased numbers of adults receiving services who reported significant levels of major depression and anxiety, with or without severe impairment, and an increased numbers of those who are presenting for services involving thoughts of suicide or self harm. She stated that survey also asked if there were any comments or concerns that they wanted to share, noting that they indicated that Tri-City Mental Health was very adaptive to the needs of our community; however, staffing and reduced services from other agencies had an impact on providing services were challenging. She said another question was about what factors impacted Tri-City's ability to provide crisis intervention services, and it was noted that sometimes there was a lack of ambulance resources and it was difficult to transport people on a timely manner; however, during the pandemic Tri-City continued to provide crisis services both in the community and on-site. She then said that there were questions regarding staffing challenges and commented that every mental health organization has experienced it, noting that Tri-City has been using the following methods to meet staffing needs: utilizing telework practices; allowing flexibility in the work hours; hiring new staff and then providing various financial incentives such as hazard pay, teleworking reimbursement, etc. She reported that the survey also asked if the county (Tri-City) experienced any negative impact on staffing as a result of the pandemic, which we have been hearing for some time about some of the staff quitting or retiring, being out on quarantine, having issues with childcare, or with the children being at home, or not wanting to get the Covid-19 vaccine. She then discussed the challenges that presented significant barriers such as staffing challenges, family member illnesses due to Covid-19 and inability to interact, and language barriers; and if the pandemic had adversely impacted our ability to reach and serve our clients, noting that Tri-City has done such an amazing job in really being there for the community all through the pandemic by making sure to outreach and communicate to the community that Tri-City was open and available to help them which allowed to serve the unserved population. Lastly, she discussed the next steps, and indicated that she had submitted the Data Notebook online, and expressed happiness and being proud of the Commission Members for the work that they have done and for being very engaged in this process; that the AdHoc Committee had shared the results with the executive team and discussions and recommendations are pending.

Board Member Vera complemented the slide presentation because of the graphics that it contained and for being presented very concise, but full of information.

Commissioner Reyes pointed out that Dana Barford had put it together. Director of MHSA and Ethnic Services Barford thanked Karie Zhem for all of the data collection.

MHC Vice-Chair Ryback, on behalf of the Commission thanked the Governing Board for allowing them present this information; all of the Commissioners that participated; and Keri Zehm and Dana Barford for putting this presentation together.

GOVERNING BOARD / MENTAL HEALTH COMMISSION COMMENTS

Board Member Lau wished everyone happy holidays and encouraged everyone to take a break for their own mental health, by giving themselves and others a little bit of grace.

Chair Leano thanked all staff for their outstanding work this year.

PUBLIC COMMENT

There was no public comment.

ADJOURNMENT OF THE MENTAL HEALTH COMMISSION

At 6:25 p.m., on consensus of the Mental Health Commission its Regular Joint Meeting with the Governing Board of December 21, 2022 was adjourned. The next Regular Meeting of the Mental Health Commission will be held on Tuesday, January 10, 2023 at 3:30 p.m. via teleconference due to the COVID-19 pandemic, pursuant to Government Code § 54953.

CLOSED SESSION

The Governing Board recessed to a Closed Session pursuant to: Conference With Legal Counsel, Existing Litigation (Gov't Code § 54956.9); Case Name or Reference: Patricia Kears v. Tri City Mental Health Authority, Warkitha Torregano, et al.; Case Number: 21PSCV00953; Venue: Los Angeles Superior Court.

RECONVENE TO OPEN SESSION

At 7:00 p.m., the Governing Board reconvened to an Open Session.

CLOSED SESSION REPORT

There was no reportable action.

ADJOURNMENT

At 7:01 p.m., on consensus of the Governing Board, its Joint Meeting of December 21, 2022 with the Mental Health Commission was adjourned. The next Regular Meeting of the Governing Board will be held on Wednesday, January 18, 2023 at 5:00 p.m., via teleconference due to the COVID-19 pandemic, pursuant to Government Code § 54953.



MINUTES

REGULAR MEETING OF THE MENTAL HEALTH COMMISSION

JANUARY 10, 2023 – 3:30 P.M.

The Mental Health Commission met in a Regular Meeting on Tuesday, January 10, 2023 at 3:35 p.m. via teleconference pursuant to Government Code § 54953, which allows the continuation to hold meetings without gathering in a room in an effort to minimize the spread and mitigate the effects of COVID-19 (Corona Virus Disease of 2019).

CALL TO ORDER Chair Henderson called the meeting to order at 3:35 p.m.

ROLL CALL Roll call was taken by JPA Administrator/Clerk Olmos.

PRESENT: Anne Henderson, Chair
Wray Ryback, Vice-Chair
Carolyn Cockrell, GB Member Liaison (joined the meeting at 3:38 p.m.)
Clarence D. Cernal
Nichole Perry (joined the meeting at 3:38 p.m.)
Joan M. Reyes
Twila L. Stephens
Toni L. Watson

ABSENT: Isabella A. Chavez

STAFF: Rimmi Hundal, Executive Director
Liz Renteria, Chief Clinical Officer
Dana Barford, Director of MHSA and Ethnic Services
Lisa Naranjo, MHSA Program Supervisor -PEI
Mica Olmos, JPA Administrator/Clerk

REGULAR BUSINESS

I. APPROVAL TO IMPLEMENT TELECONFERENCING REQUIREMENTS DURING A PROCLAIMED STATE OF EMERGENCY UNDER AB 361 (GOVERNMENT CODE SECTION 54953)

At 3:38 p.m., Governing Board Liaison Carolyn Cockrell and Commissioner Nichole Perry joined the meeting.

There being no comment, Commissioner Watson moved, and Commissioner Reyes seconded, to ask the executive director, or designee, to perform all actions necessary to implement the Brown Act provisions regarding teleconferencing in compliance with Government Code § 54953. The motion was carried by the following vote: AYES: Board Member Liaison Cockrell; Commissioners Cernal, Perry, Reyes, Stephens, and Watson; Vice-Chair Ryback; and Chair Henderson. NOES: None. ABSTAIN: None. ABSENT: Commissioner Chavez.

AGENDA ITEM NO. II

II. APPROVAL OF MINUTES FROM THE DECEMBER 21, 2022 GOVERNING BOARD AND MENTAL HEALTH COMMISSION REGULAR JOINT MEETING

This Agenda will be considered at the next regular meeting of the Mental Health Commission.

III. DECIDE ON A RECOMMENDATION TO THE TCMHA GOVERNING BOARD ABOUT THE FIRST AMENDMENT TO THE MENTAL HEALTH SERVICES ACT (MHSA) ANNUAL UPDATE FOR FISCAL YEAR 2022-23

Director of MHSA & Ethnic Services Barford reported that staff is proposing to transfer Access To Care (ATC) services, and the School Based Services Program, from the 1991 Realignment funds to the Mental Health Services Act (MHSA) funding. She stated that ATC services is a clinical adjunct service that acts as a gateway to the intake process for Tri-City outpatient clinics; and that the School Based Services Program provides services to students directly on local school campuses, during school hours, to students attending Bonita Unified School District, Claremont Unified School District, and the Pomona Unified School District. She explained that funding received under MHSA is a 1% tax on income that exceeds one million dollars, which revenue then is distributed to TCMHA and all the counties; however, this time its distribution was delayed and resulted in an unexpected increase in the amount of Community Services and Support (CSS) Plan funds and Prevention and Early Intervention (PEI) Plan funds. She noted that counties have only a certain amount of time to expend PEI funds, otherwise they are subject to reversion. Therefore, the transfer of ATC to the CSS Plan, and School Based Services Program to the PEI Plan, under MHSA funding will result in an increase of 1991 Realignment revenue, which can be used for other services and it will reduce the amount of excess CSS funds and of PEI funds subject to reversion. She indicated that the fiscal impact will be an annual expenditure increase of CSS funds of approximately \$755,000 for Access To Care, and \$817,000 annual expenditure increase in PEI funds for the School Based Services Program; and that if these transfers are recommended by the Commission and approved by the Governing Board, the Amendment will be retroactive to July 1, 2022.

Commissioner Watson stated that the 1991 Realignment funds are always guaranteed; however, MHSA funds fluctuate because is based on income tax, and inquired how will these programs are transferred to MHSA will be maintained if the revenues from the State fluctuate. Director of MHSA & Ethnic Services Barford replied that the Chief Financial Officer and her team, and Consultant Mike Geiss who works at the State level and is well versed in MSHA funding revenues, had completed projection estimates and these programs will be sustainable under MHSA funds.

Commissioner Watson further inquired if this Amendment was only for Tri-City and not State wide. Director of MHSA & Ethnic Services Barford replied in the affirmative noting that these proposed changes to the MHSA Annual Update will be with the stakeholders and the Commission's recommendation, and the Governing Board approval.

Commissioner Cernal inquired if there are any anticipated or projected negative impact that might happen after the transfer of these programs. Executive Director Hundal replied in the negative, noting that revenue projections are based on projections received from the State which are received two years at a time, meaning revenues are calculated and based on income tax for 2 years, which will always be two years behind; therefore, if there is a negative impact projected, we will know two years in advance, and that as a safety measure the Mental Health Services Act requires that every county has a prudent reserve and that Tri-City has one also to use until the economy gets better.

Commissioner Reyes inquired if the proposed cost is for a two year period or annually. Executive Director Hundal replied that it is annual, noting that the cost to run these type of programs is high because of salaries of mental health workers which are very hard to recruit, and continues to get harder.

Discussion ensued regarding the positive response received from students under the current School Based Program.

There being no further discussion, Commissioner Cernal moved, and Vice-Chair Ryback seconded, to recommend to the TCMHA Governing Board to approve the First Amendment to the MHSA Annual Update for Fiscal Year 2022-23. The motion was carried by the following vote: AYES: Board Member Liaison Cockrell; Commissioners Cernal, Perry, Reyes, Stephens, and Watson; Vice-Chair Ryback; and Chair Henderson. NOES: None. ABSTAIN: None. ABSENT: Commissioner Chavez.

IV. ELECTION OF OFFICERS OF THE MENTAL HEALTH COMMISSION EACH ODD-NUMBERED YEAR

JPA Administrator/Clerk Olmos explained the election of officers' process and stated that the Mental Health Commission bylaws indicate that every odd number years there should be an election of officers; that there will be an election of office of Chair and office of Vice-Chair; that each a term is for 2 years and members can serve for 2 terms for a total of 4 years; that currently both the chair and vice-chair have served only one term, so they are eligible to be nominated or re-elected.

There being no further comment, Commissioner Watson moved, and Commissioner Reyes seconded, to re-appoint Wray Ryback as Vice-Chair to the Mental Health Commission. The motion was carried by the following vote: AYES: Board Member Liaison Cockrell; Commissioners Cernal, Perry, Reyes, Stephens, and Watson; Vice-Chair Ryback; and Chair Henderson. NOES: None. ABSTAIN: None. ABSENT: Commissioner Chavez.

There being no comment, Commissioner Reyes moved, and Commissioner Watson seconded, to re-appoint Anne Henderson as Chair to the Mental Health Commission. The motion was carried by the following vote: AYES: Board Member Liaison Cockrell; Commissioners Cernal, Perry, Reyes, Stephens, and Watson; Vice-Chair Ryback; and Chair Henderson. NOES: None. ABSTAIN: None. ABSENT: Commissioner Chavez.

V. PRESENTATION – JANUARY IS NATIONAL PEER MENTOR MONTH

Michelle Robinson, MHSA Program Coordinator, announced that January is National Peer Mentor Month, a time for Americans to celebrate the power of relationships and mentors because of the meaningful change they create in our lives. She stated that 'Thank Your Mentor Day' is celebrated on January 21st; that to express our gratitude to TMHCA Peer Mentors, staff will be publicly recognizing their critical role as mentors here in the community, and discussed the planned activities. She explained that the Peer Mentor program trains volunteers who want to learn how to provide emotional support to peers by listening, identifying strengths and areas of need, and also suggest resources to help them address those needs; that this service is free to our community members; and explained the Peer Mentor recruitment process, noting that it is for anybody in the community who wishes to get trained to become a peer mentor. She then stated that mentees are referred from all of TCMHA services, therapists, clinicians, the Wellness Center,

Housing, Community Navigators, Community Therapeutic Garden, partner agencies, or are individuals waiting to receive formal services or are exiting formal services. She discussed some of the benefits of being a Peer Mentor such as being able to support others and have an outlet to support own recovery, growing professionally and personally, and receiving hands on training and experience, and receive a monthly stipend; that some of the benefits of the program for mentees are being able to connect with someone on a one-on-one basis, obtain resources, talk about life stressors in a safe environment, avoid needing more intensive services, and as a transition process out of intensive services. She then discussed the age demographics of mentors and mentees; and announced that a guest speaker was in attendance to share his success story from being a mentee.

Efrain Mercado, guest speaker, shared that he started off as a mentee and his mentor helped a lot with his social anxiety and had also motivated him to become a mentor. He indicated that he also wanted to give back to the community by helping other people like him with mental health issues. He noted that he is very grateful for this program because he has met a lot of people and has learned a lot of new skills; and this program has really helped him for the future because he has gained a lot of insight about the field and is in graduate school to become a therapist, noting that he has received letters of recommendation. He then recommended the program to anyone who is interested.

Executive Director Hundal thanked Mr. Mercado for sharing his story and for everything he does for TCMHA and the communities that it serves.

Commissioner Reyes concurred with Executive Director Hundal's comment and congratulated Mr. Mercado for pursuing a Master's Degree, stating that he will be a wonderful therapist.

Commissioner Cernal thanked Mr. Mercado for sharing his story; and inquired about the time commitment for a mentor and a mentee to be part of the program, and if this program is promoted in the community.

MHSA Program Supervisor Robinson indicated that mentor trainings are usually 9-month sequence of trainings such as ACES, motivational interviewing, and Mental First Aid, noting that they receive the same trainings that typically are provided to new TCMHA employees. Therefore, mentors are asked to commit for at least one year and many of them have participated since the inception of the program in 2014; that there are 21 mentors in the program and provide help in 6 different languages; that mentees typically stay in the program approximately 6 months during which their emotional support is being met or it is determined that they will need more intensive services; that a lot of referrals are received from the Wellness Center, the clinics, and also through outreach to the community by attending colleges and universities, and through dissemination of program information through a community contact resource list; and that they meet twice per month for approximately 1-1/2 hour training; and that she is available to mentors at all times, 24/7.

Discussion ensued regarding more detailed information about when and where mentor meetings take place and if they are held virtually or in-person; about when and how mentor meets with mentees; and about the circumstances when someone does not qualify for services, but can benefit from a mentor such as when someone is going through an emotional difficulty and need emotional support, but is not categorized as a mental illness; and about the difference between a peer mentor, a free service to the community that does not bill for services, and Peer Certification, a rigorous training and examination that allows someone to work in clinics and bill for their services.

The Mental Health Commission and Executive Director Hundal thanked Michelle Robinson for the presentation.

VI. EXECUTIVE DIRECTOR MONTHLY REPORT

Executive Director Hundal reported that we are off to a great start this year; that staff will ask the Governing Board to add Juneteenth, a federal holiday established in 2021 by President Biden, as an official holiday for Tri-City so that it could be celebrated with the rest of the country. She also reported that there are a few trainings scheduled for TCMHA staff, which will be offered monthly so that they can participate depending on their time, noting that Commissioners can also participate in these trainings; that the MHSa Department is working on the 3-Year Plan Update and they have been hosting stakeholder meetings, gathering data, and getting information from program staff; that the MHSa 3-Year Plan Update will be posted for a 30-day public comment in March, followed by a public hearing in April, which is hosted by the Mental Health Commission, then it will be presented in May to the Governing Board for approval and, thereafter, it will be delivered to the State. She also stated that staff will be working on a 5-Year Strategic Plan and have been meeting with consultants to start the process as soon as possible. .

Commissioner Reyes inquired what type of trainings are available to the Commission. Executive Director Hundal replied that these trainings are offered to us by our employment law agency, and there are some that apply to Commissioners regarding public service or about how to have difficult conversations.

Commissioner Stephens expressed being glad about adding Juneteenth to TCMHA holidays, and inquired if it will be added to the list of current holidays or if it will replace another holiday. Executive Director Hundal replied that staff will request that it be added to the list of holidays, but it is a recommendation and it is ultimately the Governing Board's decision.

Commissioner Reyes inquired if Juneteenth holiday would be combined with Indigenous Day, or if we will have the choice to use one or the other. Executive Director Hundal indicated that Indigenous Day is not a national holiday; however, she would look into it.

COMMISSION ITEMS AND REPORTS

Commissioner Reyes commented that she was listening to the police officer from the Capitol Building on Jonathan Kay's part program, and he was defining mental health because not everyone understands it, noting that he is very supportive of mental health, and went through this horrific situation on January 6th. She then inquired if his words can be useful for other individuals. Executive Director Hundal replied that words are always supportive, and are typically used during a conference or something similar and he can be invited to attend, noting that she has not heard what he said, but mental health is important and it is for everybody. Commissioner Reyes then read an excerpt of the police officer's speech wherein he spoke about his trauma, and advocating for seeking professional counseling when needed.

Chair Henderson spoke in support for using the transcript for advocating seeking support. She then reported that she continues to attend the Health Access Committee meeting part of Pomona's Promise, noting that TCMHA is very involved and that former Executive Director Toni Navarro was very instrumental in getting it started. She then invited everyone to attend. Commissioner Watson inquired about the meeting times. Executive Director Hundal indicated that they take place on the 4th Thursday at 9:30 a.m.

Commissioner Watson spoke in support of having hybrid meetings, noting that she enjoys hybrid group meetings at the Wellness Center, but she also likes to attend in person and facilitate the meetings; expressed appreciation for TCMHA assistance; and hoped to hear updates about when groups will be allowed to meet in person. Executive Director Hundal indicated that she will keep the Commission apprised of any changes that CalOSHA issues.

PUBLIC COMMENT

There was no public comment.

ADJOURNMENT

At 4:38 p.m., on consensus of the Mental Health Commission its Regular Meeting of January 10, 2023 was adjourned. The next Regular Meeting of the Mental Health Commission will be held on Tuesday, February 14, 2023 at 3:30 p.m. via teleconference due to the COVID-19 pandemic, pursuant to Government Code § 54953.

Micaela P. Olmos, JPA Administrator/Clerk



III. PRESENTATION

A. TCMHA COMMUNITY WELLBEING GRANTS

Presenter: Daisy Martinez, Community Capacity Organizer

B. CLINICAL TRAINING PROGRAM

Presenter: Liz Renteria, Chief Clinical Officer



Tri-City Mental Health Authority MONTHLY STAFF REPORT

DATE: February 14, 2023

TO: Mental Health Commission of Tri-City Mental Health Authority

FROM: Rimmi Hundal, Executive Director

SUBJECT: Executive Director's Monthly Report

BLACK HISTORY MONTH

February has been designated as Black History Month, also known as African American History month. This month honors the impact African Americans have made in the United States. The celebration was created in 1926 by Carter G. Woodson, a noted African American historian, scholar, educator, and publisher. February was also chosen to coincide with Frederick Douglas' and Abraham Lincoln's birthdays. This month we highlight, celebrate and empower the strengths, wellness, and culture of Black and African American communities.

This month we highlight The African American Museum of New Beginnings located in Pomona, we will share a virtual tour of the museum to provide staff and community an opportunity to dig deeper into connections with the past and learn more about the history and contributions of Black Americans. Here is the link to the virtual tour of the [African American Museum of Beginnings](#). In addition, we will highlight staff and community partners on our social media platforms as they share what Black History Month means to them and what they are most proud of with their heritage.

RECRUITMENT FOR GENERAL COUNSEL

Tri-City's General Counsel gave his notice of termination on Jan 12th, after serving Tri-City for over 19 years. Mr. Darold Pieper was instrumental in guiding us through the bankruptcy. Tri-City thanks him for his service and he will be missed at Tri-City. We are currently in the process of recruiting for a new General Counsel. The Request for Quotes was issued on February 3rd and posted on Tri-City's website as well as the league of California Cities website. It was also distributed to 9 law firms inviting them to apply. The General Counsel will be selected by the Governing Board and will work closely with the Governing Board, Executive Director and the JPA Clerk. Here is the timeline:

- Written questions deadline: February 8th
- Response to written questions/RFQ addendum posted: February 13th
- Quotes deadline: February 17th at 5pm
- Interviews: March 1st, time is to be determined by the Governing Board
- Anticipated award of contract: March 15th
- Anticipated commencement of work: March 16th

COVID-19 STATE OF EMERGENCY ENDING

California Governor's State of Emergency will end on February 28, 2023. Since the ability to hold virtual Governing Board or Mental Health Commission meetings was a result of the COVID-19 pandemic, government agencies will no longer be able to trigger AB 361's (Government Code § 54953) remote meeting procedures in reliance on that emergency.

Therefore, beginning in March Tri-City Mental Health Authority will revert to holding its legislative meetings in-person and will be held in the MHSA Building located at 2001 N. Garey Avenue in Pomona.