



HOPE. WELLNESS. COMMUNITY.

Let's find it together.

Founded in 1960
by the residents

of Pomona,
Claremont and La
Verne.

MISSION: *By understanding the needs of consumers and families, Tri-City Mental Health Authority provides high quality, culturally competent behavioral health care treatment, prevention and education in the diverse cities of Pomona, Claremont, and La Verne.*

TRI-CITY MENTAL HEALTH AUTHORITY

MENTAL HEALTH COMMISSION

REGULAR MEETING AGENDA

TUESDAY, JULY 11, 2023 AT 3:30 P.M.

Meeting Location: MHS Administration Building
2001 North Garey Avenue, Pomona, CA 91767

To join the meeting on-line click on the following link:

<https://tricitymhs-org.zoom.us/j/85289794353?pwd=SWgyNlh3WDMrSnNaYURBN1M1WEFjUT09>

Passcode: xm.T07sV

Public Participation. *Section 54954.3 of the Brown Act provides an opportunity for members of the public to address the Mental Health Commission (MHC) on any item of interest to the public, before or during the consideration of the item, that is within the subject matter jurisdiction of the Commission. Therefore, members of the public are invited to speak on any matter on or off the agenda. If the matter is an agenda item, you will be given the opportunity to address the legislative body when the matter is considered. If you wish to speak on a matter which is not on the agenda, you will be given the opportunity to do so at the Public Comment section. No action shall be taken on any item not appearing on the Agenda. The Chair reserves the right to place limits on duration of comments.*

In-person participation: raise your hand when the Chair invites the public to speak.

Online participation: you may provide audio public comment by connecting to the meeting online through the zoom link provided; and use the Raise Hand feature to request to speak.

Please note that virtual attendance is a courtesy offering and that technical difficulties shall not require that a meeting be postponed.

Written participation: you may also submit a comment by writing an email to molmos@tricitymhs.org. All email messages received by 12:30 p.m. will be shared with the Mental Health Commission before the meeting.

Any disclosable public records related to an open session item on a regular meeting agenda and distributed by Tri-City Mental Health Authority to all or a majority of the MHC less than 72 hours prior to this meeting, are available for public inspection at 1717 N. Indian Hill Blvd., Suite B, in Claremont during normal business hours.

In compliance with the American Disabilities Act, any person with a disability who requires an accommodation in order to participate in a meeting should contact JPA Administrator/Clerk Mica Olmos at (909) 451-6421 at least 48 hours prior to the meeting.

Administrative Office

1717 North Indian Hill
Boulevard, Suite B
Claremont, CA 91711
Phone (909) 623-6131
Fax (909) 623-4073

Clinical Office / Adult

2008 North Garey Avenue
Pomona, CA 91767
Phone (909) 623-6131
Fax (909) 865-9281

Clinical Office / Child & Family

1900 Royalty Drive, Suite 180
Pomona, CA 91767

Phone (909) 766-7340

Fax (909) 865-0730

MHSA Administrative Office

2001 North Garey Avenue
Pomona, CA 91767
Phone (909) 623-6131
Fax (909) 326-4690

Wellness Center

1403 North Garey Avenue
Pomona, CA 91767
Phone (909) 242-7600
Fax (909) 242-7691

POSTING OF AGENDA

The Agenda is posted 72 hours prior to each meeting at the following Tri-City locations: Clinical Facility, 2008 N. Garey Avenue in Pomona; Wellness Center, 1403 N. Garey Avenue in Pomona; Royalty Offices, 1900 Royalty Drive #180/280 in Pomona; MHSA Office, 2001 N. Garey Avenue in Pomona; and on the Tri-City's website: <http://www.tricitymhs.org>

CALL TO ORDER

Chair Henderson calls the meeting to Order.

ROLL CALL

Anne Henderson – *Chair*
Wray Ryback – *Vice-Chair*
Carolyn Cockrell – GB Liaison

Clarence D. Cernal
Isabella A. Chavez
Nichole Perry

Joan M. Reyes
Twila L. Stephens
Toni L. Watson

REGULAR BUSINESS

- I. **APPROVAL OF MINUTES FROM THE JUNE 23, 2023 MENTAL HEALTH COMMISSION REGULAR MEETING**
- II. **PRESENTATION - OVERVIEW OF BLACK, INDIGENOUS, AND PEOPLE OF COLOR (BIPOC) MENTAL HEALTH AWARENESS MONTH**
- III. **REVIEW OF MHC GOALS DURING FISCAL YEAR 2022-23**
- IV. **MHC ESTABLISH ITS PRIORITY TOPICS AND/OR GOALS FOR FISCAL YEAR 2023-24**
- V. **EXECUTIVE DIRECTOR MONTHLY REPORT**

COMMISSION ITEMS AND REPORTS

Commissioners are encouraged to make brief comments or request information about mental health needs, services, facilities, or special problems that may need to be placed on a future Mental Health Commission Agenda. In addition, this is an opportunity to provide reports on their activities.

Mental Health Commission – Agenda
July 11, 2023
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PUBLIC COMMENT

The Public may speak regarding any Tri-City Mental Health Authority related issue. No action shall be taken on any item not appearing on the Agenda. The Chair reserves the right to place limits on duration of comments.

ADJOURNMENT

The next Regular Meeting of the Mental Health Commission will be held on **Tuesday, September 12, 2023 at 3:30 p.m.** in the MHSA Administrative Office, 2001 North Garey Avenue, Pomona, California. The Commission is Dark during the month of August.

MICAELA P. OLMOS
JPA ADMINISTRATOR/CLERK



MINUTES

REGULAR MEETING OF THE MENTAL HEALTH COMMISSION JUNE 13, 2023 – 3:30 P.M.

The Joint Governing Board and Mental Health Commission held on Tuesday, June 13, 2023 at 3:37 p.m. in the MHSA Office located at 2001 North Garey Avenue, Pomona, California.

CALL TO ORDER Chair Henderson called the meeting to order at 3:37 p.m.

ROLL CALL Roll call was taken by JPA Administrator/Clerk Olmos.

MENTAL HEALTH COMMISSION

PRESENT: Anne Henderson, Chair
Wray Ryback, Vice-Chair
Carolyn Cockrell, GB Member Liaison
Clarence D. Cernal
Nichole Perry
Joan M. Reyes
Twila L. Stephens

ABSENT: Isabella A. Chavez
Toni L. Watson

STAFF: Rimmi Hundal, Executive Director
Elizabeth Renteria, Chief Clinical Officer
Seeyam Teimoori, Medical Director
Dana Barford, Director of MHSA & Ethnic Services
Mica Olmos, JPA Administrator/Clerk

REGULAR BUSINESS

I. APPROVAL OF MINUTES – GOVERNING BOARD AND MENTAL HEALTH COMMISSION JOINT MEETING OF MAY 17, 2023

There being no comment, Commissioner Cernal moved, and Commissioner Reyes seconded, to approve the Governing Board and Mental Health Commission Minutes of their Joint Meeting of May 17, 2023. The motion was carried by the following vote: AYES: GB Liaison Cockrell; Commissioners Cernal, Reyes, and Stephens; Vice-Chair Ryback; and Chair Henderson. NOES: None. ABSTAIN: None. ABSENT: Commissioners Chavez and Watson.

AGENDA ITEM NO. I

II. PRESENTATION

A. “RECOVERY MOMENTS” STORY

Dominique King, Psychiatric Technician on the Psychiatric Assessment Care Team (PACT), shared a client’s recovery story of an individual referred by the police department. She explained that her main goal, in addition to safety, is to meet the individual where they are at and treat them with dignity and respect; that assessments are integrated experiences and that not everyone who is assessed for a higher level of care or psychiatric hospitalization necessarily goes to the hospital. She indicated that in the case of the individual, she found that criteria for hospitalizations were not met, and the person required a personal follow-up plan; that she obtained permission from the individual to perform daily follow-ups and that the individual was very receptive and that she was able to build trust with the individual, gathered pertinent information to build a custom treatment plan, and was able to assist with linkage to the Access to Care department. She added that the individual felt a sense of accomplishment and was able to go through the process at their own pace. Since the individual did not have transportation and verbalized their concern about not being able to follow-up with the scheduled intakes, she advocated for the individual was able to transport the individual to and from their formal intake appointments. She concluded by stating the importance of follow-up, linkage to resources, and making sure the individual knows all their available options.

Commissioner Ryback inquired about the various forms of communication with clients. Psychiatric Technician King replied that communication can be over the phone, in person and even email.

B. OVERVIEW OF GENOA PHARMACY LOCATED AT TCMHA ADULT OUTPATIENT CLINIC—2008 N GAREY AVENUE IN POMONA, CA

Eliane Paz, Pharmacist of Genoa Pharmacy, provided an overview of the functions of the Genoa Pharmacy located at the Tri-City Mental Health Authority adult outpatient clinic. She explained that Genoa Pharmacy has a focus on behavioral health, which is an advantage compared to the traditional retail pharmacy that is not equipped to deal with that population; and do not have mental health expertise, the time to address the medication barriers or financial burdens a patient may be experiencing, and are not integrated into the care team. She stated that the Genoa Pharmacy staff is physically on site and can discuss the various barriers that patients may be experiencing, including able to speak to the insurance companies and provide payment plans for their medication; and when patients cannot make a payment, they can still get their medication; that they offer bubble packaging, which is a prefilled medication organizer that has different colors for different times of the day that allows patients to know when they have taken their medications; provide weekly and monthly mobile packs; offer a delivery service on Mondays, Wednesdays and Fridays at no additional cost for those patients who have a transportation barrier; assist with prior authorizations; that their process is a lot faster due to close contact with the care team; and that they are able to get the medication to the clients before approval since they continue to work on it until it is approved. Also, since Genoa Pharmacy is on-site, they can address the various medication barriers and help with medication adherence and able to follow up with the patients, which in turn decrease emergency room visits and hospitalizations. She then provided data on medication services, number of clients, and number of prescriptions filled, noting that the retention rate is 92.7%. She then explained that clients are continuously transitioning out of medication monitoring from the Full-Service Partnership (FSP), Adult Outpatient, and the pharmacist can continue to simplify the process by repackaging it for the patients and making sure that they are taking their various medications on time and at the right time.

Commissioner Reyes referred to patients who are unable to pay and inquired if their medication is charged to MHSA funds. Pharmacist Paz replied that many times the insurance company will pick up the charge if there is a hardship; however, it is on a client-to-client basis. Executive Director Hundal stated that MHSA funds do not pay for medication, but flex funds can be used if the client is in Full-Service Partnership (FSP).

Pharmacist Paz reported that that a majority of the patients served at the pharmacy have Medi-Cal; that between June and August, there is a usually a lapse in coverage due to the renewal period; that when this occurs, they communicate with the care team to facilitate the process and if clients are not be covered, they can still receive their medication from Genoa; that once the coverage has been reinstated, staff can go back and bill their Medi-Cal. She expressed that it is a great thing because during the renewal period at retail pharmacies patients cannot get their medication if they are not covered.

Commissioner Reyes asked if the pharmacists deal with the homeless. Pharmacist Paz replied in the affirmative, noting that they do deliver to the homeless; that they work closely with the FSP and AOP teams and they deliver the medication on behalf of the pharmacy.

Commissioner Ryback inquired if Genoa records are integrated with Tri-City Mental Health Authority's electronic health record. Chief Clinical Officer Renteria replied in the negative, adding that although it would be ideal, it is not being done yet. Medical Director Dr. Teimoori added that due to compliance laws and regulations.

Commissioner Cockrell inquired if Genoa provide services to community members who are not Tri-City clients. Pharmacist Paz replied in the affirmative, noting that although they do not advertise publicly, they are open to the public; they mail medications; they are full service and service everybody regardless of insurance; that they accept almost all of the big insurance providers and if there is one that they do not have a contract with, they can work on that.

Commissioner Cernal inquired about the size of the pharmacy staff. Pharmacist Paz responded that there are two staff members: one pharmacist and one technician; two per diem pharmacists, a per diem technician, and the delivery drivers; that at most, there are 4 people working at a time due to California law.

Medical Director Dr. Teimoori stated that Tri-City staff is always trying to improve care to its clients by providing high quality care and easy access to medication; and that this is the reason for having the Genoa pharmacy on-site. He added that all feedback received regarding the pharmacy has been positive; and that before having the pharmacy on-site, there were gaps in treatment due to a lack of communication between the pharmacy, patient, and the primary care providers, and provided an example. He also shared that if a Tri-City client is not picking up their medication at Genoa's pharmacy, Tri-City staff finds out very quickly since the pharmacy staff work very closely with the doctors.

Commissioner Ryback inquired about Genoa's focus on behavioral health. Pharmacist Paz stated that the pharmacy started as behavioral health focused; that the company was bought by Optum, and since then it has branched out into more primary care sites; and that most of their pharmacies are still behavioral health focused.

III. EXECUTIVE DIRECTOR MONTHLY REPORT

Executive Director Hundal reported that the Strategic Plan is underway; that the Governing Board and Commission Members will be hearing from the consultant to get their feedback for Tri-City's Strategic Plan; that there will be virtual interviews as well. She then announced that June is Pride month, which is recognized in June because of its historical ties to the Stonewall Riots in 1969; and indicated that she provided resources and a list of events in her report. She added that Tri-City has a Rainbow Council, an advisory council to the Tri-City Executive Team that provides culturally relevant services for the LGBTQ+ communities, and discussed the dates and times when they meet, encouraging everyone to attend. She also reported that this year staff will honor Juneteenth, which was approved last year as an additional paid holiday by the Governing Board and shared resources regarding Juneteenth celebrations taking place in the community. She added that the African American Wellness Council is taking a break due to virtual fatigue; that the Diversity, Equity, and Inclusion Coordinator is going out into the community and meeting people where they are, and that hopefully meetings will begin in person again at the African American Museum of Beginnings.

Commissioner Reyes inquired about the Strategic Plan feedback process. Executive Director Hundal explained that the Five-Year Strategic Plan is to give Tri-City a roadmap to where Tri-City should go in the next five years, and it will also help the organization apply for grant monies; that the consultant assisting with the creation of the Strategic Plan will ask questions and allow for a non-biased plan; that the consultant will develop a vision statement based on feedback received from the Mental Health Commission, Governing Board, staff, and community members.

Discussion ensued regarding the consultant interviews and the framework of the interview questions to obtain feedback and that there will be no right or wrong answer; about certain ideas for the Strategic Plan; and about the Tri-City rebranding project status which resulted in Tri-City's new slogan which was printed on posters and various communication mediums.

Commissioner Cernal inquired about the status of the Advisory Councils. Director of MHSA and Ethnic Services Barford replied that except for the Rainbow Group, the groups are the same; and explained the circumstances and the barriers to connect with the community. She also shared the various activities and proposed solutions such as reaching out to other counties to find out other strategies; and that since events are going back to in-person, staff are hoping to meet people in their own community, at colleges, or cultural centers, noting that going to the community is better due to the stigma that mental health has; that certain cultures view mental health in a negative light; that if Tri-City attends a community event or partners with a cultural organization, it is a bit more subtle and inviting; and that at this moment, having groups set up with a certain number of people meeting every month is not working.

Commissioner Reyes inquired about working with the Native American community. Director of MHSA and Ethnic Services Barford responded that a connection was made with a cultural broker; that they did a training in the Wellness Center; that the presenter brought in artifacts, performed a dance, and talked about Native Americans and mental health; that it has not been expanded and a group has not been formed; however, this is something that is on staff's radar.

Discussion ensued regarding what a cultural broker is; about how to reach the Native American and AAPI communities; about how to engage and get to know employees that identify as Native American; about the importance to build trust first; and about the connection with the Costanoa Rumsen tribe, which staff will continue to pursue opportunities there.

Governing Board Liaison Cockrell inquired about the Costanoa Rumsen tribe gathering location. Executive Director Hundal replied that they have a center where they connect, meet, and have their circles with the elders once a month; that staff used to attend those meetings; that in the past, they used to come and perform for the MHSA meetings; and that staff will continue connecting with them.

COMMISSION ITEMS AND REPORTS

Chair Henderson reported that her church is having Tri-City present on Suicide Prevention for their Wellness Series. They have two dates set: July 8th and July 15th.

PUBLIC COMMENT

There was no public comment.

ADJOURNMENT

At 4:17 p.m., on consensus of the Mental Health Commission its meeting of June 13, 2023 was adjourned. The next Regular Meeting of the Mental Health Commission will be held on Tuesday, July 11, 2023 at 3:30 p.m., in the MHSA Administrative Office, 2001 North Garey Avenue, Pomona, California.

Micaela P. Olmos, JPA Administrator/Clerk



II. PRESENTATION – OVERVIEW OF BLACK, INDIGENOUS, AND PEOPLE OF COLOR (BIPOC) MENTAL HEALTH AWARENESS MONTH

Presenter: Dana Barford, Director of MHSA and Ethnic Services



Tri-City Mental Health Authority
AGENDA REPORT

DATE: July 11, 2023
TO: Mental Health Commission of Tri-City Mental Health Authority
FROM: Rimmi Hundal, Executive Director
BY: Mica Olmos, JPA Administrator/Clerk
SUBJECT: Review of MHC Goals for Fiscal Year 2022-23

Summary:

At its Adjourned Meeting of August 13, 2019, the Tri-City Mental Health Commission (MHC) began a practice to establish its priority goals for the upcoming Fiscal Year to align with their duties as set forth in the Welfare and Institutions Code (WIC) of the State of California, Section 5604.2. Accordingly, it is customary that the MHC reviews annually its goals established for each Fiscal Year.

Background:

At its Meeting of July 12, 2022, the Mental Health Commission unanimously approved to establish the following goals for Fiscal Year 2022-23:

- 1) To have 100% quorum at all of the regularly scheduled meetings of the Mental Health Commission, and required that those Commissioners that will be absent to let the JPA Administrator/Clerk know ahead of time;
- 2) To impact disparities in mental health access of culturally diverse groups, as well as participating in the advisory council programs; and
- 3) To prepare the 2022 Data Notebook.

Fiscal Impact:

None.

Recommendation:

Staff recommends that the Mental Health Commission present and discuss what was accomplished during Fiscal Year 2022-23.



Tri-City Mental Health Authority
AGENDA REPORT

DATE: July 11, 2023

TO: Mental Health Commission of Tri-City Mental Health Authority

FROM: Rimmi Hundal, Executive Director

BY: Mica Olmos, JPA Administrator/Clerk

SUBJECT: MHC will establish its Priority Goals for Fiscal Year 2023-24

Summary:

At its Adjourned Meeting of August 13, 2019, the Tri-City Mental Health Commission (MHC) began a practice to establish its priority goals during the Fiscal Year. Since then, the Tri-City Mental Health Commission (MHC) has continued to establish its goals for the upcoming Fiscal Year during its scheduled meeting in July.

Background:

Tri-City Mental Health Authority (TCMHA) Governing Board created the Tri-City Mental Health Commission (MHC) as an advisory body and formed its Bylaws as set forth by the Welfare and Institutions Code (WIC) of the State of California, which also lists the required duties for the MHC under WIC Section 5604.2.

The MHC duties include the requirement to submit an Annual Report to the TCMHA Governing Board on the needs and performance of TCMHA's mental health system; however, the statute does not indicate what needs to be included in the report. Therefore, if the MHC has completed a Data Notebook, it can be used as the Annual Report. Also the Report may be assigned to an Ad Hoc Committee for completion and returned to the MHC for approval after completion; or the MHC can create an action plan of any three goals and include in the Report.

Fiscal Impact:

None.

Recommendation:

Staff recommends that the Mental Health Commission discuss and select goals for its Members for Fiscal Year 2023-24.



**Tri-City Mental Health Authority
MONTHLY STAFF REPORT**

DATE: July 11, 2023
TO: Mental Health Commission of Tri-City Mental Health Authority
FROM: Rimmi Hundal, Executive Director
SUBJECT: Executive Director's Monthly Report

CARE Court

On June 12th, the Chief Clinical Officer of Tri-City and I met with the L.A. County CEO's office, L.A. County Department of Mental Health (DMH), City of Claremont and City of La Verne to discuss the implementation of Care Court. We are now waiting to hear back from DMH to confirm whether Tri-City will make referrals to DMH or petition CARE Court directly. If it is determined that Tri-City makes the referrals to DMH, then we will develop the referral workflow in partnership with DMH. We are scheduled to meet again in September to further streamline the process.

CESAR CHAVEZ PROJECT/CHRIS HARTMIRE PLAZA

On June 28, 2023, Chris Hartmire Plaza broke ground in the empty lot on the corner of N. East End Ave. and E. Holt Ave., in Pomona. Tri City Mental Health has partnered with Cesar Chavez Foundation for this 90-unit affordable housing project named after Reverend Chris Hartmire. Reverend Hartmire, a Claremont resident and continued activist, originally worked alongside Cesar Chavez and helped found the United Farm Workers. This project will be built on top of a 6,756 square-foot health clinic, run by East Valley Community Health Center, to provide easy medical, dental, and mental health. Of the 90 units, Tri-City will provide supportive services to 9 units funded through No Place Like Home with services including but not limited to: case management with individual services plans, peer support activities, mental health care, substance use services, support in linking to physical health care, benefits counseling and advocacy and basic housing retention skills.

CalAIM

The implementation for California Advancing and Innovating Medi-Cal (CalAIM) started on July 1st. The Best Practices Department has taken the lead on training and preparing Tri-City for the new change in providing services. CalAIM is a shift in how we provide services for Medi-Cal Beneficiaries. As part of the 'aim' of improving health outcomes and promoting value-based initiatives, CalAIM has modified some of the conditions and requirements for the services that we provide and claim.

Many of the CalAIM requirements have an aim of improving and aligning the rules, requirements, and methodologies that govern healthcare policy throughout the State, so that the California Medi-Cal service delivery system can:

- Identify and manage comprehensive needs through whole person care approaches and social drivers of health (DHCS).
- Improve quality outcomes, reduce health disparities, and transform the delivery system through value-based initiatives, modernization, and payment reform. (DHCS).
- Make Medi-Cal a more consistent and seamless system for enrollees to navigate by reducing complexity and increasing flexible (DHCS).

TRI-CITY STUDENT LOAN REPAYMENT PROGRAM

In June of 2022, Tri-City launched the first round of the Student Loan Repayment Program. Funded through the Workforce Education and Training plan, this employee retention strategy is intended to support our Tri-City staff who have student loans they are currently in the process of paying off. Any full-time staff member within the Tri-City system of care is eligible to apply for a limited number of payments toward paying off their student loans. To receive the funds, awardees must maintain employment with Tri-City Mental Health for 12 months from July 1st through June 30th, 2023. Twenty-eight staff received awards of up to \$7,500.00 for a total of approximately \$193,000.00. Applications are now being accepted for another round of awards beginning July 2023.

BIPOC - NATIONAL MINORITY MENTAL HEALTH AWARENESS MONTH

July is National Minority Mental Health Awareness Month, also referred to BIPOC Month—Black Indigenous, People of Color and is a time to bring awareness to the unique struggles that racial and ethnic minority communities face regarding mental illness in the United States.

According to the Substance Abuse and Mental Health Services Administration, in 2021, it was estimated that only 39 percent of Black or African American adults, 25 percent of Asian adults, and 36 percent of Hispanic/Latino adults with any mental illness were treated, compared to 52 percent of non-Hispanic white adults.

Here is what Tri-City is doing for BIPOC month. Tri-City will also have a month-long social media campaign that will focus on events and support for this month. Here is a link for our blog which also includes these events and resources.

[July is National Minority Mental Health Awareness Month - Tri-City Mental Health \(tricitymhs.org\)](https://tricitymhs.org)

UPCOMING EVENTS

Culture and Community: Impacts on BIPOC Mental Health | Mental Health America (MHA) Webinar

Tuesday, July 11, 2023 at 10:00 am - 11:00 am

[Register for this webinar](#)

Mental Health First Aid (MHFA) Training | Tri-City Mental Health

Wednesday, July 12, 2023 at 8:00 am - 4:30 pm

Location: 2001 N. Garey Ave, Pomona, CA (MHSA Administrative Building)

[Register for this webinar](#) (Register by July 6)

We Take Care of Us: BIPOC-led Community Spaces Providing Healing and Support | Mental Health America (MHA) Webinar

Tuesday, July 18, 2023 at 10:00 am - 11:00 am

[Register for this webinar](#)

Honoring the Legacy of Bebe Moore Campbell: A Community Healing Event |

NAMI Urban Los Angeles

Saturday, July 29, 2023 at 10:00 am - 3:00 pm

Leimert Park (4305 Degnan Blvd Suite #104, Los Angeles, CA 90008)

[Event Sign Up](#)