

## MINUTES REGULAR MEETING OF THE MENTAL HEALTH COMMISSION NOVEMBER 8, 2016 – 3:30 P.M.

The Mental Health Commission met in a regular meeting on Tuesday, October 11, 2016 at 3:32 p.m. in the Administration Building, 1717 N. Indian Hill Blvd. # B, Claremont, California.

- CALL TO ORDER Vice-Chair Perez called the meeting to order at 3:32 p.m.
- ROLL CALL A visual roll call was taken.
  - PRESENT: Donald R. Perez, Vice-Chair Arny Bloom Cheryl Berezny Twila L. Stephens Davetta Williams
  - ABSENT: Toni L. Watson, Chair Chuck Leeb, Ph.D. Michael Olivieri
  - STAFF: Rimmi Hundal, Director of MHSA and Ethnic Services Elizabeth Owens, Director of Clinical Program Services Monica Ng, Ph.D., Program Manager of Clinical Services Mica Olmos, JPA Administrator/Clerk

# I. APPROVAL OF MINUTES FROM THE OCTOBER 11, 2016 MENTAL HEALTH COMMISSION MEETING

There being no comment, Commissioner Berezny moved, and Commissioner Williams seconded, to approve the Minutes of the Mental Health Commission Meeting of October 11, 2016. The motion was carried by the following vote: AYES: Commissioners Berezny, Stephens, and Williams; and Vice-Chair Perez. NOES: None. ABSTAIN: Commissioner Bloom. ABSENT: Commissioners Leeb and Olivieri; and Chair Watson.

### II. PRESENTATION: WALK-IN INQUIRY AND OFFICER OF THE DAY (OD) PROCESS.

Monica Ng, Ph.D., Program Manager of Clinical Services, provided an overview of Tri-City's Walk-In Inquiry and Officer of the Day (OD) Process, noting that one office is located at the Royalty site for Children Services and another office at 2008 N. Garey Avenue for Adult outpatient services which can be accessed by walking-in or calling. She explained that screenings are provided for all individuals who want to access Tri-City services during which staff looks for individuals living in the Tri-City catchment area and identify those who meet specialty mental health criteria for moderate to severe symptoms and functional impairment.

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She pointed out that those persons that do not qualify for Tri-City services, staff provides warm hand-off to other resources such their insurance provider, Wellness Center, Community Gardening, or non-mental health services, indicating that nobody walks away without any assistance or plans for their next step as they are welcome to return and obtain further assistance if needed. She added that OD schedule intake appointments for all new clients, SRTS, and hospital discharge; and also provide weekly 50-minute orientations to all new clients to introduce them to the Tri-City System of Care. She then explained the OD process; and reported that they serve approximately 130 persons per month in the adult program and approximately 55 per month in the children program.

Discussion ensued regarding screening process, the eligibility requirements for Tri-City, and the different level of services during a crisis situation.

Program Manager of Clinical Services Ng continued with her presentation and talked about the inquiry/OD staffing for both the Adult and Children programs, office hours, and the intake process.

Discussion ensued about the warm hand-off referral process and the challenges with the health insurance providers due to not having many of their services locally available.

The Commission thanked Dr. Ng for her presentation.

### III. EXECUTIVE DIRECTOR REPORT

Rimmi Hundal, Director of MHSA and Ethnic Services, reported that the Grand Opening of Cedars Springs was very successful; that Tri-City staff is evaluating options with developers for the Baseline property in Claremont; and that the Governing Board Ad-Hoc Sub-Committee conducted interviews for the Commission Membership and will be making recommendations at its November meeting for the Board's approval.

Discussion ensued regarding housing available for Tri-City's clients.

### COMMISSION ITEMS AND REPORTS

Commission Bloom spoke about David and Margaret pointing out that they will have career transition programming for its clients and recommended Tri-City doing the same. Director of MHSA and Ethnic Services Hundal stated that Tri-City currently has employment services programming and support groups at the Wellness Center which will be also available at Cedars Springs, noting that these services will be for all tenant residents not just Tri-City clients, as everyone is welcome to attend the workshops.

### PUBLIC COMMENT

There was no public comment.

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### ADJOURNMENT

At 3:55 p.m., on consensus of the Mental Health Commission its meeting of November 8, 2016 was adjourned. The Mental Health Commission will meet next in a Joint Meeting with the Governing Board to be held on Wednesday, December 21, 2016 at 4:45 p.m. in the MHSA Office, 2001 N. Garey Avenue in Pomona, California.

Micaela P. Olmos, JPA Administrator/Clerk