



**MINUTES
OF THE REGULAR MEETING OF THE MENTAL HEALTH COMMISSION
AND
PUBLIC HEARING FOR THE MENTAL HEALTH SERVICES ACT (MHSA)
APRIL 9, 2019 – 3:30 P.M.**

The Mental Health Commission met in a Regular meeting on Tuesday, April 9, 2019 at 3:40 p.m. in Taylor Hall Community Center, 1775 N. Indian Hill Blvd, Claremont, California.

CALL TO ORDER Chair Watson called the meeting to order at 3:40 p.m.

ROLL CALL A visual roll call was taken.

PRESENT: Toni L. Watson, Chair
Anne Henderson, Vice Chair
Rubio R. Gonzalez, Governing Board Member
Ethel Gardner
Jeanette Heitmann
Joan M. Reyes
Twila L. Stephens
David J. Weldon

ABSENT: Cheryl Berezny
Arny Bloom
Daniel Rodriguez
Wray Ryback
Alfonso "Al" Villanueva
Davetta Williams

STAFF: Toni Navarro, Executive Director
Diana Acosta, Chief Financial Officer
Angela Igrisan, Director of Clinical Program Services
Rimmi Hundal, Director of MHSA and Ethnic Services
Dana Barford, MHSA Projects Manager
Mica Olmos, JPA Administrator/Clerk
Kally Russell, Administrative Assistant

REGULAR BUSINESS

I. APPROVAL OF MINUTES FROM THE MARCH 12, 2019 REGULAR MENTAL HEALTH COMMISSION MEETING

There being no comment, Commissioner Reyes moved, and Commissioner Gardner seconded, to approve the MHC Minutes of the March 12, 2019 Regular Meeting. The motion was carried by the following vote: AYES: Commissioners Gardner, Gonzalez, Heitmann, Reyes, Stephens, and Weldon; Vice-Chair Henderson; and Chair Watson. NOES: None. ABSTAIN: None. ABSENT: Commissioners Berezny, Bloom, Rodriguez, Ryback, Villanueva, and Williams.

II. EXECUTIVE DIRECTOR REPORT

Executive Director Navarro thanked everyone for attending the Mental Health Commission meeting and MSHA public hearing stating that it is a very important meeting because a decision will be made about recommending the approval of the Annual MHSA Plan for Fiscal Year 2019-20 to the Governing Board. She then talked about the Stakeholder meeting held on April 4th, noting that the proposed Plan amendment has been posted for a 30-day review; and that on May 15th, a joint meeting of the Governing Board and Mental Health Commission will be held; and that at said meeting the Amendment will be presented to the Commission for its approval to recommend it to Governing Board for adoption.

COMMISSION ITEMS AND REPORTS

There was no comment.

PUBLIC COMMENT

There was no public comment.

PUBLIC HEARING

A. OPEN THE PUBLIC HEARING

Chair Watson announced that the MHSA update and plans had emerged from almost a year of extensive work and conversations with individuals and organizations throughout the three cities; that detailed information will be presented about the plans; that the public's feedback was necessary; and she then declared the Public Hearing officially open.

B. WELCOME AND INTRODUCTIONS

Dana Barford, MSHA Projects Manager, provided an overview of what would take place during the public hearing, including introductions, a couple presentations by clients, and discussion of the Annual MSHA Update, noting that some sections will be highlighted when going over the plan.

Executive Director Toni Navarro again welcomed and thanked everyone for their attendance, stating that this year marks a decade worth of work and that the first stakeholder meeting was conducted in FY 2009-10 and the first MHSA Plan was adopted in May of 2009. She also stated that when the plan started back in 2009, there were only two programs: an outpatient adult clinic and an outpatient children clinic; that now we have about 15 programs funded through MHSA that complement the two treatment programs, including prevention all the way to intensive treatment and permanent supportive housing which cannot be accomplished without this public process. She pointed out that Tri-City is one of the only counties in the State that consistently had a public stakeholder process with so much involvement from the community, and said that she is looking forward to everyone's comments.

C. PRESENTATIONS - TRI-CITY UPDATE

MHSA Projects Coordinator Barford stated that two presenters from the community were not able to attend for their presentations.

She then then talked about stigma; about how stigma reduction is one of Tri-City's crusade to battle stigma; about Courageous Minds speakers who share their stories about their recovery to the community, and pointed out that they were invited to the Western Recovery Conference where they represented Tri-City, noting that there were activities that helped identify barriers to sharing their stories publicly. She also announced the upcoming Great Minds Gallery reception taking place in May 16th, and explained that the art projects are displayed at the MHSA Administration Building; she then talked about the Directing Change program at the state level funded by CalMHSA where students are able to create a 60-second video to be used for prevention and reduction of stigma, noting that a student from Tri-City's Wellness Center also submitted a film and introduced Paul Osorio, the film advisor.

Paul Osorio, Mental Health Worker I, stated that there were three wonderful young adults who participated in the project who did the script, the voice over, and their own music; that Kate, one of the filmmakers, was in attendance to share the reason she joined the project; and thanked IT staff for helping them with the film editing.

Kate Johnson, film maker, talked about the reason she joined the project and stated that, because of the high number of suicides, her goal is to bring the number of suicides to zero.

A Video Presentation took place: "Reach Out"; filmmakers: Kate Johnson, David Gonzalez, and Bernadette Ayala; Advisor Paul Osorio, filmed as part of Directing Change.

MHSA Projects Manager Barford then explained the Mental Health Services Act, Proposition 63, also known as the millionaire's tax which was approved by California voters on November 2004 that created a 1% tax on personal income over \$1 million dollars which allows expanding community mental health services.

D. COMMUNITY PLANNING PROCESS

MHSA Projects Manager Barford also discussed the Tri-City's stakeholder process which began in September 2018 and concludes at this meeting; explained what an Annual Update is and its requirement under the MHSA; the community planning process; the review and recommendation of the Plan Update by Tri-City Mental Health Commission; and the Plan adoption by Tri-City's Governing Board.

E. EXPLANATION OF THE CONTEXT OF MHSA ANNUAL UPDATE FY 2019-20

MHSA Projects Manager Barford then talked about the different components of the Annual Update which includes: the Community Planning Process; Workgroup Recommendations; a description of the five different Plans under the MHSA Program: 1) Community Support Services (CSS) which includes the Full Service Partnerships, Community Navigators, Wellness Center, Supplemental Crisis Services/Intensive Outreach and Engagement Team, Field Capable Clinical Services for Older Adults, and Permanent Supportive Housing programs; 2) Prevention and Early Intervention (PEI) which includes the Community Wellbeing Program, Community Mental Health Trainers, Stigma Reduction and Suicide Prevention, Older Adult Wellbeing/Peer Mentor, Transition Age Youth Wellbeing/Peer Mentor, Family Wellbeing Program, NAMI-Parents and Teachers as Allies, Housing Stability Program, Therapeutic Community Gardening programs; 3) Innovation Plan which Tri-City is currently working on utilizing a Suite of Technology-Based Mental Health Solutions (Tech Suite);

4) Workforce Education and Training (WET) which provides a learning environment for professional and personal development for staff, as well as a learning hub for students, peers and the community to gain experience in the mental health field; 5) Capital Facilities and Technology Needs (CFTN) which is about creating greater access to technology, and establishing a higher level of program monitoring and outcome analysis; and providing suitable space to accommodate Tri-City's growing workforce. She also discussed how the programming under the MSHA Plans help the homeless, school services, engaging older adults, engaging transition aged youth, reduce language and cultural barriers; and provided programming updates of the NAMI Parents and Teachers as Allies (PTA) and the Tech Suite Project for Innovations. She reported that Tri-City partners with NAMI and they have decided to substitute the PTA Program with a more robust program named "Ending the Silence" (ETS) and it will be for students, families and school staff; that it will be three different presentations instead of two; that there will a presentation specifically for students, increase focus on suicide prevention, and shorter presentations, and that it will have the same annual budget of \$35,500. She then stated that the Tech Suite Project is a collaborative between 15 counties; and counties are currently coordinating the project which began with five counties as Cohort 1, and Tri-City is part of Cohort 2; and discussed the milestones of the project pointing out that counties are currently moving forward and continue testing the process.

➤ MSHA SPENDING PLAN

MSHA Projects Manager Barford next explained how MSHA funding is distributed to the five plans currently implemented under MSHA.

Rimmi Hundal, Director of MSHA and Ethnic Services, stated that since March 4th, the day that the MSHA Annual Update FY 2019-20 was posted, one change was made to it related to the prudent reserves, indicating that previous guidance received from the state required to maintain 50% in prudent reserves of CSS and PEI annual operating expenses; however, in October 2018 SB 192 passed and changed the prudent reserve requirement, reducing the prudent reserve.

Diana Acosta, Chief Financial Officer, explained that previously legislation indicated that prudent reserve should be 50% of operating expenses of the Community Services and Support (CSS) and PEI plans; after SB 192 passed, prudent reserves cannot exceed 33% of the revenue received for the CSS fund, in the preceding 5 years. She indicated that in March 2019, Tri-City received notification that prudent reserves have to be transferred to CCS before June 30, 2020 and required to be included in the MSHA Annual Update FY 2019-20; therefore, it is necessary to transfer \$1.4 million out of prudent reserves into CSS funds, leaving a balance \$2.2 million in prudent reserves.

➤ PUBLIC COMMENT

MSHA Projects Manager Barford referred to the documents available on all the tables, pointing out that there was also a survey form and asked the public to consider what they have heard and share their questions about the plans, or any additional comments that they would like to share.

A member of the audience asked if the peer mentor program could be opened to the surrounding cities. Director of MSHA & Ethnic Services Hundal stated that Tri-City Mental Health Authority is a Joint Powers Authority and its jurisdiction is to serve the residents of Pomona, Claremont and La Verne; however, students of any of the three cities qualify for the peer mentor program, even if they do not reside in any of the three cities.

F. CLOSE THE PUBLIC HEARING


At 4:57 p.m., there being no further public comment, Commissioner Heitmann moved, and Vice-Chair Henderson seconded, to close the Public Hearing. The motion was carried by the following vote: AYES: Commissioners Gardner, Gonzalez, Heitmann, Reyes, Stephens, and Weldon; Vice-Chair Henderson; and Chair Watson. NOES: None. ABSTAIN: None. ABSENT: Commissioners Berezny, Bloom, Rodriguez, Ryback, Villanueva, and Williams.

DECIDE ON A RECOMMENDATION TO THE GOVERNING BOARD ABOUT THE MHSA ANNUAL UPDATE FOR FISCAL YEAR 2019-20

There being no discussion, Vice-Chair Henderson moved, and Commissioner Heitmann seconded, to recommend to the Governing Board to approve the MHSA Annual Update for Fiscal Year 2019-20. The motion was carried by the following vote: AYES: Commissioners Gardner, Gonzalez, Heitmann, Reyes, Stephens, and Weldon; Vice-Chair Henderson; and Chair Watson. NOES: None. ABSTAIN: None. ABSENT: Commissioners Berezny, Bloom, Rodriguez, Ryback, Villanueva, and Williams.

ADJOURNMENT

At 5:02 p.m., on consensus of the Mental Health Commission its Regular Meeting and MHSA Public Hearing of April 9, 2019 was adjourned. The Mental Health Commission will meet next in a Regular Joint Meeting with the Governing Board to be held on Wednesday, May 15, 2019 at 5:00 p.m. in the MHSA Office, 2001 N. Garey Avenue in Pomona, California.



Micaela P. Olmos, JPA Administrator/Clerk