



COPING DURING COVID-19 WEBINAR SERIES

Caring for Yourself and Others in Uncertain Times



Free Webinar for All

Co-Occurring Disorders and Relapse Prevention

Tuesday, May 26, 2020 • 11am - 12pm



Register Today

You will learn:

- The relapse process and recovery re-engagement for persons with both a mental health condition and substance use disorder
- The stages of change and process of recovery
- How friends and family can provide support