

**Grants Partners
Meeting Minutes
9/27/2023**

Meeting start time: 8:32 AM

Attendees: 22

Stakeholders/Partners	Affiliation	Attended
Adrienne Montero-Camacho, SOS Coordinator & Case Manager	University of La Verne	Y
Alexandra Oliva, Director of Student Outreach and Engagement	The School of Arts and Enterprise	Y
Alyssa Bostrom, Lieutenant	Pomona Police Department	
Angie Besiant	Pomona Valley Hospital	
Anthony Hostetler, Credible Messenger	Just Us 4 Youth	
Ashley Cortez	Community member	
Brad Paulson, Sergeant	Pomona Police Department	
Brenda Lopez, Administrative Assistant - MHSA	Tri-City Mental Health Authority	
Brittany Nguyen, Community Capacity Organizer	Tri-City Mental Health Authority	
Cherylee Grove, Teacher Specialist, School Mental Health Services	Pomona Unified School District	Y
Christina Vera, President	National Alliance on Mental Illness-Pomona Valley	
Corey Hall, Mental Health Specialist	Tri-City Mental Health Authority	Y
Dana Barford, Director of MHSA and Ethnic Services	Tri-City Mental Health Authority	
Debbie Johnson, Program Manager	Tri-City Mental Health Authority	Y
Elizabeth (Liz) Renteria, Chief Clinical Officer	Tri-City Mental Health Authority	Y
Enrique Villa, Director of Strategic Communications	Gente Organizada	
Eric Vasquez, Founder/CEO	Just Us 4 Youth	
Erin Sapinoso, Program Analyst II (Grants)	Tri-City Mental Health Authority	Y
Ernesto "Ernie" Rios, Sergeant	Pomona Police Department	
Ezequiel De La Torre, Coordinator I, Community Schools Initiative	LA County Office of Education	
Frank Cambero, Detective	La Verne Police Department	
Frank Guzman, President	Pomona Pride Center	
Isaura Campos-Argumosa, Supervisor	LA County Dept. of Child & Family Svs.	Y
Janolyn (Jill) Trojanowski, Manager Social Work, Palliative Care and Spiritual Care Services	Pomona Valley Hospital ER	
Jay Alvarado, Sergeant	La Verne Police Department	
Jennifer Curlowicz	Pomona Valley Hospital	
Jeri Sprewell, CWA Program Supervisor I	Tri-City Mental Health Authority	Y
Jessica Arellano, Administrative Assistant	Tri-City Mental Health Authority	Y
Joshua Salazar, Student Identity Development & Education Coordinator, Pride Center	Cal Poly Pomona	

Karissa Gonyea, Supervisor, Social Work and Palliative Care	Pomona Valley Hospital ER	Y
Keith Colder, Clinical Wellness Advocate III	Tri-City Mental Health Authority	Y
Keri Zehm, Program and Outcomes Analyst Supervisor	Tri-City Mental Health Authority	Y
Kevin Ward, Assistant Superintendent	Claremont Unified School District	
Kim Griffin Esperon, Coordinator III, Community Schools Initiative	LA County Office of Education	
Kitha Torregano, Human Resources Manager	Tri-City Mental Health Authority	
Kristyne McPhail, Mental Health Support Specialist	Bonita Unified School District	
Lisa Banks-Toma, Mental Health Coordinator	Claremont Unified School District	
Lisa Naranjo, MHSA Program Supervisor	Tri-City Mental Health Authority	
Luis Antonio Orozco, ResQ Coordinator	Just Us 4 Youth	
Marga Methu, Clinical Therapist I	Tri-City Mental Health Authority	Y
Mark Rodgers, Senior Director, Student Services	Bonita Unified School District	Y
Markie Sterner, Clinical Supervisor	Tri-City Mental Health Authority	
Michael Stephens	Just Us 4 Youth	Y
Mike Cizek, Captain	Claremont Police Department	Y
Milagros "Millie" Monroy, Youth and Family Services Liaison	Claremont Unified School District	Y
Monica Rivas, Assistant Regional Administrator	LA County Dept. of Child & Family Svs.	
Moriah Holmes, Program Analyst II	Tri-City Mental Health Authority	Y
Natalie Majors-Stewart, Chief Compliance Officer	Tri-City Mental Health Authority	
Myrna Reynoso Torres	Los Angeles County Office of Education	Y
Nicholas Chang, Clinical Wellness Advocate II	Tri-City Mental Health Authority	
Nicole Lobato, PhD, Clinical Program Manager—ATC & TCG	Tri-City Mental Health Authority	
Octavio Hernandez, Clinical Supervisor I	Tri-City Mental Health Authority	
Patti Azevedo, Program Administrator, Pupil & Community Services	Pomona Unified School District	
Paul Osorio, Community Mental Health Trainer	Tri-City Mental Health Authority	
Ramon Coronado, Care Services Coordinator	Cal Poly Pomona	
Raquel Capacete	Cal Poly Pomona	
Rimmi Hundal, Executive Director	Tri-City Mental Health Authority	
Rosa Leong, Senior Liaison of Youth and Family Services	Claremont Unified School District	Y
Ruben Cueva	Community member	
Ryan Rodriguez, Lieutenant	Pomona Police Department	
Sandra Sharma, Supervisor	LA County Dept. of Child & Family Svs.	
Sara Rodriguez, MHSA Projects Manager	Tri-City Mental Health Authority	
Shawn Smith, Med Support Team/Walk in Crisis/IOET/PACT Manager	Tri-City Mental Health Authority	Y

Sulettma (Suly) Gutierrez, Credible Messenger	Just Us 4 Youth	
Tremale Ratcliffe, Program Supervisor (Youth & Young Adult Employment Services)	Just Us 4 Youth	
Trevor Bogle, Controller	Tri-City Mental Health Authority	
Weston Prisbey, Interim Assistant Dean for Health and Well-Being	Cal Poly Pomona	
Yvette Meneses	Los Angeles County Office of Education	

Welcome and Introductions

- Virtual meeting (potential return to hybrid/in-person in future)
- Review of housekeeping rules, values, and agenda
- Introductions via chat and in person
- Anonymous demographic data survey (request for each attendee to complete at every meeting)
 - o Access via link (<https://forms.microsoft.com/r/j6r5jej7PE>) or QR code



Mobile Crisis Program

- New name: Mobile Crisis Care
 - o Selected from suggestions submitted and voted on by partners and staff
- LA DMH
 - o Conversation with LA County DMH is ongoing
 - o Figuring out call center and dispatch
 - o Determining how Tri-City will be involved with LA County's mobile crisis response system
 - o Working towards long-term sustainability
- Policies and procedures
 - o Work with contractor continues
 - o Instructions for operations are being created and documented
- Vehicle procurement
 - o TCMHA is going through procurement process to purchase Mobile Crisis Care vehicles
 - o Reviewing available options based on partner and staff feedback
- Training and technical assistance
- Infrastructure
 - o Other needs and considerations
 - o Questions and comments from Karissa (Pomona Valley Hospital)
 - Would the phone line include access to translation services 24/7? Yes, TCMHA will make sure to include this service.
 - Importance of including and coordinating with behavioral health/psychiatric hospitals; facilitate regular meetings to go over touch points; include them as part of planning process; provide notice of incoming clients
 - Develop script to use when calling into wherever client may go
 - o Comments from Jeri (TCMHA): be sure to include equipment and supplies for medical attention, ability to perform CPR administer bandages; have first aid kit on hand
 - Ensure fully equipped response vehicles

Mental Health Student Services Act

- Staffing update
 - o New hires: Two Mental Health Specialists
 - Cynthia Garcia (email: cgarcia@tricitymhs.org)
 - Corey Hall (email: chall@tricitymhs.org)
 - o Recruitment continues for vacant clinical therapist position; interviews scheduled for next week (first week of October)
- Outcomes and impact
 - o Tri-City is doing what is set out to do through the MHSSA grant
 - o Referrals, screenings, and services and support
 - o Community education, professional training and development, outreach and engagement
- Student Support Services (SSS)
 - o Expansion of services for students pre-K to college
 - o Increased access, reduced wait time, more on-site services, partner collaboration
 - o Review of referral process for school partners; requires ongoing collaboration and coordination
 - Question from Rosa (CUSD): Who receives the monthly updates regarding referrals when submitted by districts? is it the staff member who submitted the referral or is there a main contact? Each district's main contact (e.g., Lisa Banks-Toma at CUSD) will receive referral updates.
 - o Review of referral forms to be used by school partners; any referrals from other community partners are recommended to go through the schools first
 - o Parent signature not required, parent conversation required
 - o Streamlined referral process with shorter interview, brief intervention, and treatment team approach
- Summary of recent training
 - o Cognitive Behavioral Intervention for Trauma in Schools with Racial Trauma Module
 - o Comments from staff who participated—positive and beneficial, unlike other training due to interactive nature
- Upcoming events, activities, and training
 - o Fathers Group
 - Most recent session (9/26) had one father who enjoyed being able to talk—it starts with one
 - Group will be moved from Tuesday night to Thursday night to coincide with Thursday night football which hopefully will draw more participation
 - o Let's Talk Student Wellness Webinar
 - October 19: Holiday Blues (how to deal)
 - o Youth Mental Health First Aid training
 - October 5
 - o Trevor Project (end of October)
 - o Community Resiliency Model (November)
 - o Rape, Abuse & Incest National Network (RAINN)

Youth engagement

- Online survey is live—incorporates questions developed by partners and staff; will rotate questions in/out after enough responses are obtained

- City youth commissions/councils—Tri-City staff will introduce Tri-City and present on youth services and resources. Including grant projects
 - o Comment from Alex (SAE): The SAE's Associated Student Body (ASB) would love to have a guest presentation from Sri-City! TCMHA MHSSA staff will work with SAE to coordinate the presentation.

Partner news and announcements

- The School of Arts and Enterprise (SAE) dance group is performing at the final Pomona Civic Center Concert Friday, September 29 6:30 PM - 9:00 PM
- SAE has an upcoming School as A Whole event on Tuesday, October 17; TCMHA is invited to host a table to connect with students and parents/families in attendance
- Just Us 4 Youth is hosting a resource fair for the unhoused on October 3 10 AM-3 PM at Purpose Church

Next grants partners meeting is scheduled for Wednesday, November 1 at 8:30 AM.

Meeting end time: 9:40 AM



Grants Partners Meeting #11

Liz Renteria
Chief Clinical Officer

Debbie Johnson
Programs Manager

Erin Sapinoso
Program Analyst II

September 27, 2023: 8:30 AM

We will begin the meeting shortly.



Housekeeping

Zoom

- ▷ Remain on mute when not speaking; unmute when you would like to speak.
- ▷ Use the “Raise Hand” option to let us know you would like to say something.
- ▷ Chat is available for typing questions and comments and to participate in activities.

Values

- ▷ Mission-focused
- ▷ Organization; effective and efficient work
- ▷ Respect and being respectful
- ▷ Open-mindedness and out-of-the-box thinking
- ▷ Openness and honesty (“the good, the bad, the ugly”)
- ▷ Address challenges and acknowledge strengths
- ▷ Positive communication



Agenda

- ▷ Welcome
 - ▷ Introductions
 - ▷ Demographic survey
- ▷ Mobile Crisis Care/CCMU
 - ▷ LA DMH
 - ▷ Policies and procedures
 - ▷ Vehicle procurement
 - ▷ Infrastructure funds
- ▷ MHSSA
 - ▷ Staffing update
 - ▷ Outcomes and impact (data)
 - ▷ Referral process
 - ▷ Events, activities, and training
 - ▷ Communication and marketing
- ▷ Youth engagement
- ▷ Partner news and announcements

Welcome

Introductions

- ▷ Name
- ▷ Position
- ▷ Organization



Data and Reporting

- ▷ Request for demographic information of partners
- ▷ Voluntary and anonymous survey
- ▷ Complete at every grants partners meeting
- ▷ Link: <https://forms.microsoft.com/r/j6r5jej7PE>
- ▷ QR code



Mobile Crisis Program

New Program Name

- ▶ Mobile Crisis Care



Los Angeles County Department of Mental Health

- ▷ Updates
- ▷ Collaboration
- ▷ Planning

Policies and Procedures

- ▷ Providing mobile crisis services
- ▷ Providing responsive crisis care for youth and families
- ▷ Cooperating with law enforcement
- ▷ Coordinating with community partners
- ▷ Dispatching mobile crisis teams
- ▷ Providing client transportation
- ▷ Making mobile crisis benefit claims
- ▷ Mobile crisis team training

Vehicle Procurement

- ▷ Chrysler Voyager
- ▷ Toyota Sienna

Medi-Cal Mobile Crisis Training and Technical Assistance Center (M-TAC)

- ▷ Required Core Trainings
 - Crisis Intervention and De-escalation Strategies
 - Harm Reduction Strategies
 - Delivering Trauma-Informed Care
 - Conducting a Crisis Assessment
 - Crisis Safety Plan Development

M-TAC (cont.)

- ▷ Required Enhanced Trainings
 - Crisis Response Strategies for Special Populations
 - Children, Youth and Families
 - Tribal Communities
 - Individuals with Intellectual and Developmental Disabilities (I/DD)
 - Co-occurring Disorders/Responding to SUD Crises
 - Delivering Culturally Responsive Crisis Care

Infrastructure

Other needs and considerations?

- ▷ Vehicles
- ▷ Phone line
- ▷ Administrative support
- ▷ Technology
- ▷ Hardware/software
- ▷ Peer support
- ▷ Training
- ▷ Coordination and planning
- ▷ Telehealth services

Mental Health Student Services Act

Staffing Update

- ▷ New hires: Mental Health Specialist x2
- ▷ Continued recruitment
 - ▷ Clinical Therapist
(Interviews scheduled for October)

Outcomes and Impact

- ▷ Data: February 1, 2023-July 31, 2023
 - ▷ Referrals: 292
 - ▷ Screenings: 162
 - ▷ Individual services and supports: 62

Outcomes and Impact (cont.)

- ▷ Data: February 1, 2023-July 31, 2023
 - ▷ Community education
 - ▷ Let's Talk Student Wellness Series
 - ▷ 5 sessions; 41 participants
 - ▷ Training
 - ▷ Transition to Independence Process: 25 people
 - ▷ Outreach
 - ▷ Youth Wellness Symposium: 50 people
 - ▷ Friday Night Lights with JU4Y: 20 people

Overview of Student Support Services

The MHSSA grant has allowed for the expansion of mental health services for students

Increase access for services

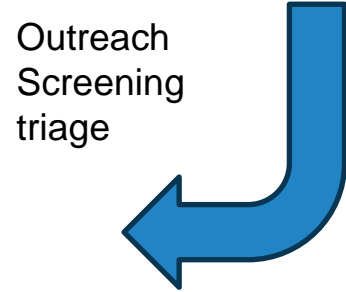
Reduce wait time for enrollment

Increase on site services at school sites

Collaboration with our school partners

Kinder to 25 years old in College

Student Support Services Referral Process



Student Support Interview

Student Support Services Referral

TCCD 115 (V4) 9/2023



Student Support Services Referral Form (Ages Pre-K to 25)

Please use this form to make a referral for Student Support Services. Please note that this referral is specifically for Student Support Services and is not a referral or request for Specialty Mental Health Services. Please submit referral to spt@tricitymhs.org or fax to 909-865-0730 - Attention: Student Support Services

Referring Party Information

Referral Date: _____

Name of Referring Party: _____ Phone: _____

What is your relationship to the student that you are referring (select one)?

- I am a School Employee (school name): _____
- I am an Employee at another agency (agency name): _____
- I am the Parent or Legal Guardian of the Student I am the Student (age:12-25) I am - _____

demographic information

Name of Student: _____ DOB: _____ Age: _____

Gender: _____ Race/ethnicity: _____

Street Address: _____ City: _____ Zip: _____

Is student homeless/unhoused? No Yes Student Phone Number (if 18+): _____

Preferred Language(s): _____ Is Student an English Language Learner? No Yes

Type of Insurance: Medi-Cal Private Insurance Unknown/Other: _____ None

Name of Current School: _____ Grade Level: _____

If the student is under 18, please also complete the following:

Parent/Guardian Name: _____ Relationship: _____

Preferred Language of Parent/Guardian: _____ Phone Number: _____

Has Parent/Guardian been notified about or made aware of this referral? Yes No

Can we contact Parent/Guardian? Yes No; if no please explain: _____



Student Support Services Referral

Reason for Referral

a. Please describe your reason for referring the student:

Data Collection, Screening, starting triage

b. Please answer the following questions:

To your knowledge, has the student ever...	Yes	No	Unsure
1. Been in a psychiatric hospital? – If Yes , enter most recent discharge date: _____.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. Had thoughts, feelings, or behaviors of suicide?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. Had thoughts, feelings, or behaviors of self-harm?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4. Had thoughts, feelings, or behaviors of harming others?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5. Seen, heard, or believed things that others don't see/hear/observe?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6. Been in juvenile hall or jail? – If Yes , enter most recent release date: _____.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7. Been in foster care or a group home?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8. Identified as a member of the LGBTQ+ community?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9. Received Mental Health Treatment? – If Yes , enter most recent date: _____.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Signature of Referring Party - I the undersigned request this referral to be initiated for the above listed student. I understand that incomplete information may result in a processing delay or closure of the referral.

Referring Party Signature

Printed Name

Date

Student Support Services Referral Process

- Faster Access & Screening for students
- Shorter Interview
- Brief Intervention 4-12 weeks.
- Dual Enrollment for students needing long term care.
Warm hand-off for private insurance or TCM clinic
- Treatment team approach : Peer Support, Skill building services, Linkage & referral, Brief individual/group or family

Cognitive Behavioral Intervention for Trauma in Schools With Racial Module Component

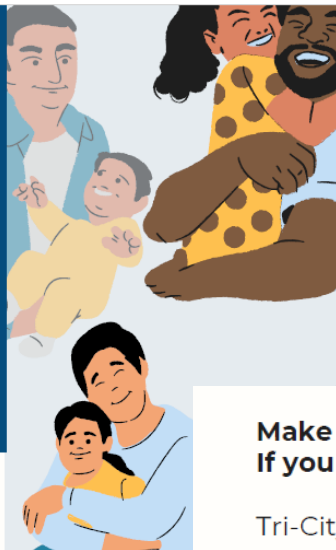
- ▷ 3-day training in August for 15 individuals
- ▷ All the grant/school clinicians
- ▷ Other community partners
- ▷ Pomona Pride Center
- ▷ School of Arts & Enterprise
- ▷ Pomona Unified School District

Calling all

Fathers, Dads, Papis Babas & Pops

Join us for a parent meetup!

**Make some time for yourself.
If you need support, this space is for you.**



Fathers Group

**Make some time for yourself.
If you need support, this space is for you.**

Tri-City Mental Health is hosting a peer-led support group for parents, caregivers, guardians and any father figure of a child. Refreshments provided!

SEPTEMBER 26, 2023
Tuesday | 6:30 PM - 8 PM



TRI-CITY WELLNESS CENTER
1403 N. Garey Ave., Pomona, CA 91767



Let's Talk Student Wellness

This Month's Topic

Holiday Blues



October 19, 2023

4:00 pm - 5:00 pm



Tri-City Wellness Center

1403 N Garey Ave, Pomona



Register for free

Scan the QR code or visit the link below
to sign-up for upcoming workshops!

bit.ly/MHSSAwellness

Upcoming Training



Mental Health First Aid for Youth

Free Community Training

What Mental Health First Aid Covers

Mental Health First Aid for Youth teaches you how to identify, understand and respond to signs of mental health and substance use challenges among children and adolescents ages 12-18, using a 5-step Mental Health First Aid Action Plan (ALGEE).

- Common signs and symptoms of mental health challenges, including anxiety, depression, eating disorders and attention deficit hyperactive disorder (ADHD) and substance use challenges.



Thursday,
October 5, 2023



8:30 am - 4:30 pm



Tri-City MHSA
Administrative Office
2001 N. Garey Ave.
Pomona, CA 91767

Sign-up today!

Visit the link below or
scan the QR code

forms.office.com/r/WiWe1M4x6X



Upcoming Training (cont.)

- ▷ Trevor Project
 - ▷ Care training: October
- ▷ Community Resiliency model
 - ▷ November
- ▷ Rape, Abuse & Incest National Network (RAINN)

Communications

- ▷ La Nueva Voz
- ▷ TCMHA website
- ▷ Partner capacity
 - ▷ Websites
 - ▷ Social media
 - ▷ Regularly scheduled meetings

Youth Engagement

Online Survey

▶ <https://tinyurl.com/yeysufjz>



Youth Commissions

- ▷ Pomona Youth Commission: October 5
- ▷ Claremont Teen Committee: TBD
- ▷ La Verne Youth & Family Action Committee: TBD

Partner News and Announcements

Next Meeting

8:30 AM Wednesday, November 1, 2023

Comments or Questions?

Thank you!

Liz Renteria
Chief Clinical Officer
erenteria@tricitymhs.org
(909) 766-7324

Debbie Johnson
Programs Manager
djohnson@tricitymhs.org
(909) 766-7307

Erin Sapinoso
Program Analyst II
esapinoso@tricitymhs.org
(909) 784-3091

Calling all

Fathers, Dads, Papis Babas & Pops

Join us for a parent meetup!

**Make some time for yourself.
If you need support, this space is for you.**

Tri-City Mental Health is hosting a peer-led support group for parents, caregivers, guardians and any father figure of a child. Refreshments provided!

SEPTEMBER 26, 2023
Tuesday | 6:30 PM - 8 PM



TRI-CITY WELLNESS CENTER
1403 N. Garey Ave., Pomona, CA 91767



For more information

Nicholas Chang, Clinical Wellness Advocate II
Mental Health Student Services Act (MHSSA)
Grant nchang@tricitymhs.org | (909) 766-7331

HOPE. WELLNESS. COMMUNITY.
Let's find it together.



Tri-City Mental Health Authority, through the statewide Mental Health Student Services Act (MHSSA) grant, is working to expand behavioral and mental health services for youth, young adults and their families in Claremont, Pomona, and La Verne. This funding is used to foster school-community partnerships, and provide psychoeducation for parents, supportive adults, teachers and youth.

Tri-City Mental Health Authority
www.tricitymhs.org     @TriCityMHS

Mental Health First Aid for Youth

Free Community Training

What Mental Health First Aid Covers

Mental Health First Aid for Youth teaches you how to identify, understand and respond to signs of mental health and substance use challenges among children and adolescents ages 12-18, using a 5-step Mental Health First Aid Action Plan (ALGEE).

- Common signs and symptoms of mental health challenges, including anxiety, depression, eating disorders and attention deficit hyperactive disorder (ADHD) and substance use challenges.
- Expanded content on trauma, substance use, self-care and the impact of social media and bullying.
- How to interact with a child or adolescent in crisis.
- How to connect youth to professional, peer, social, and self-help care.



**Thursday,
October 5, 2023**



8:30 am - 4:30 pm



**Tri-City MHSA
Administrative Office**
2001 N. Garey Ave.
Pomona, CA 91767



Who can attend

This training is designed for adults who regularly interact with youth. Open to parents, caregivers, family members, teachers, school staff, peers, service providers and community members in Pomona, Claremont and La Verne.



Sign-up today!

Visit the link below or
scan the QR code

forms.office.com/r/WiWe1M4x6X

For more information:

Mental Health Student Services Act Grant
Deborah Johnson, LMFT
Child & Family Services Program Manager
djohnson@tricitymhs.org | (909) 766-7307

HOPE. WELLNESS. COMMUNITY.
Let's find it together.

Tips & resources
for adults to better
support youth
mental health



let's talk

student wellness series

This Month's Topic
Holiday Blues



October 19, 2023
4:00 pm - 5:00 pm



Tri-City Wellness Center
1403 N Garey Ave, Pomona

Join us on Zoom or in-person!

Every 3rd Thursday of the month
Open to educators, service providers,
parents, caregivers and community

Come and learn about the holiday blues and how you can help yourself, your youth and your family navigate through the difficulties of the holiday season.

For many, the holiday season is a time for joy, love and gratitude. It can also bring feelings of anxiety, loneliness, depression and stress – the dreaded “holiday blues” – for others.

Participants will enjoy a guided wellness activity by Tri-City's Therapeutic Community Garden focusing on repurposing old mugs into succulent pots. Everyone will be provided a mug, succulent and fairy garden to make their own unique succulent pot. We'll also provide succulent care tips so your plant will stay happy and healthy.



Register for free

Scan the QR code or visit the link below
to sign-up for upcoming workshops!

bit.ly/MHSSAwellness

For more information

Mental Health Student Services Act Grant
Deborah Johnson, LMFT
Child & Family Services Program Manager
djohnson@tricitymhs.org | (909) 766-7307



let's talk

student wellness series

Upcoming Events

Every 3rd Thursday of the month
Tips, resources and wellness workshops
for adults to better support youth
mental health

19
OCT

Holiday Blues

Come and learn how you can help yourself, your youth and your family navigate the holiday season.

4 PM - 5 PM

16
NOV

Coping with Holiday Blues

Gain supportive strategies to uplift yourself and your family to have a happy and healthy holiday season.

4 PM - 5 PM

21
DEC

Reflect. Release. Recharge.

This interactive workshop will give participants the space to practice self-care and reflect on their year including success, changes and challenges.

4 PM - 5 PM



Register for free

Scan the QR code or visit the link below
to sign-up for upcoming workshops!

bit.ly/MHSSAwellness

HOPE. WELLNESS. COMMUNITY.
Let's find it together.

Tri-City Mental Health Authority
www.tricitymhs.org    @TriCityMHS





FREE
GRATIS

www.lanuevavoz.net

La Nueva Voz

The New Voice, a Bilingual (English/Spanish) Publication
Pomona's *only* community newspaper!



Pomona Chamber of Commerce



Member

Issue No. 170

Thursday, September 28, 2023

Hamilton Park revitalized for a new generation in the making

Last month's ribbon cutting at Pomona's Hamilton Park officially opened the newly revitalized one-acre park representing a transformation with \$2.7 million in improvements in the middle of one of Pomona's oldest barrios that very likely can benefit from the facility the most.

Area residents like Pomona Parks and Recreation Commissioners Vince Carpio and Donna Manzanares Otero, and commu-

nity organizer Martin Perez – who helped work on the original park 50 years ago and contributed to efforts this time around as well – were on hand to mark the reopening of the park in the 100-year-old neighborhood.

Pomona Mayor Tim Sandoval told a crowd of several hundred that even his wife, Criselda, lived in the area and played there as a child.

And Perez, who grew up in the

area, worked with the city with the help of environmental design students from Cal Poly University Pomona on plans to develop the original Cherrieville Park, as it was called at the time.

His dad was born in 1932 in the neighborhood of about 300 people surrounding the park.

Sandoval told residents and friends at the re-opening that the project was the result of both the city government and numerous



A PARK MAKE-OVER FOR THE NEXT GENERATION -- Martin Perez, who was instrumental in working with the City of Pomona to revitalize Hamilton Park, helps the mayor cut the ribbon last month as neighborhood kids climb on state-of-the-art playground equipment at rear. Pictured, from left, are Pomona City Councilmember Elizabeth Ontiveros-Cole, California Deputy Director of Parks and Recreation Sedrick Mitchell, Pomona Mayor Tim Sandoval, Perez, Pomona City Councilmembers John Nolte, Nora Garcia and Victor Preciado, and Eva Thiel-Maiz, representing Los Angeles County Supervisor Hilda Solis.



Drone aerial photo courtesy of Pomona Police Department

THOUSANDS ATTEND DOWNTOWN POMONA CONCERT -- Pomona Mayor Tim Sandoval got the big finish he was looking for this month (there's actually one more performance in the summer concert series back in the Pomona Civic Center on Sept. 29) when perhaps 2,000 people (some estimates were far higher) attended a free three-hour concert by the San Jose-based Los Tigres del Norte on a stage in the street in front of the Fox Theater, presented by the City of Pomona. The historic Mexican group has been entertaining multiple generations for more than 50 years and has recorded more than 55 albums since its formation in 1968 in Sinaloa, Mexico. Police closed the streets (note chairs in the middle of Garey Avenue in photo), some folks brought lawn chairs and purchased hats and t-shirts, and no incidents were reported, according to city and police officials. See additional photo page 14.

stakeholders working together to make it happen.

"The main message that I want all of you to take away . . . this would not have happened without the community, would not have happened without the people who have used this park, who have made this park their home at times to just get away from the heat," Sandoval said.

"My wife grew up on Fourth and Hamilton . . . and this is where she played as a kid," he

said. "I think we can be incredibly proud of what we see here today at Hamilton Park. The architects did a great job of listening to the community."

"This might actually be the finest play area in the entire City of Pomona," he added.

Pomona City Councilmember John Nolte, whose district includes the park, pointed to a huge tree in the middle of the park.

"There are people standing here

Hamilton Park revitalized... pg. 8

PAID ADVERTORIAL

Tri-City Mental Health Authority is delivering youth services and resources through educational partnerships

With funding from the California Mental Health Services Oversight Committee, Tri-City Mental Health Authority (TCMHA) is increasing access to coordinated, culturally-relevant, community and school-based services for at-risk youth in Pomona, Claremont and La Verne. The Mental Health Student Services Act (MHSSA) project launched in December 2022 and collaborative partners include Pomona Unified School District, Claremont Unified School District, Bonita Unified School District and The School of Arts and Enterprise. Staff utilize evidence-based mental health practices; provide mental health services on school campuses including early intervention, suicide prevention and drop-out prevention; develop and coordinate service plans for ongoing needs; and link to resources. They determine appropriate level of care; tailor services to an individual's identity, culture and lived experience; connect with providers; and complete referrals as necessary. As of July 31, TCMHA has received 292 referrals from school partners who identified students with mental health needs. Of those referrals, MHSSA staff have screened 162 youth and young adults for mental health, social-emotional behavioral disorder, substance use, suicide risk and trauma, and 62 received individual therapy, family therapy, collateral supports, initial assessments and rehabilitation services.

As part of the MHSSA project, TCMHA makes grant funds available for partners to support efforts that provide increased access to mental health services. In July 2023, the following organizations were selected for MHSSA sub-grant awards: Cal Poly Pomona, Claremont Unified School District, Just Us 4 Youth, Pomona Unified School District and The School of Arts and Enterprise. Through this endeavor, TCMHA continues to support recovery, to assist youth with obtaining mental health services and to create rapid access-to-care pipelines and linkages to resources.

TCMHA also provides training and outreach through the MHSSA project. The monthly "Let's Talk Student Wellness Series" for parents/guardians and adults who support youth has seen 41 participants since March 2023. Topics that have been discussed include: student and family wellness, anxiety, wellbeing, supporting LGBTQ+ youth, and knocking down barriers to mental health. The next two "Let's Talk" interactive workshops will cover youth substance use and family supports on September 21 and holiday blues and mindfulness on October 19.

TCMHA is calling for youth/young adults ages 18 to 25 to help guide the agency's approach to youth-focused mental health services. An online survey is available via QR code to provide their feedback. For more information, visit tricitymhs.org.

