Grants Partners Planning Group
Meeting Minutes
10/19/2022

Start Time: 8:30 AM

Attendees: 16

Stakeholders/Partners	Affiliation	Attended
Kristyne McPhail, Mental Health Support Specialist	Bonita Unified School District	N
Mark Rodgers, Senior Director, Student Services	Bonita Unified School District	N
Joshua Salazar, Student Identity Development & Education Coordinator, Pride Center	Cal Poly Pomona	N
Ramon Coronado, Care Services Coordinator	Cal Poly Pomona	N
Mike Ciszek, Captain	Claremont Police Department	Y
Brad T. Cuff, Assistant Superintendent	Claremont Unified School District	N
Lisa Banks-Toma, Mental Health Coordinator	Claremont Unified School District	N
Ashley Cortez	Community member	N
Ruben Cueva	Community member	N
Enrique Villa	Gente Organizada	N
Anthony Hostetler, Credible Messenger	Just Us 4 Youth	N
Eric Vasquez, Founder/CEO	Just Us 4 Youth	Y
Sulettma (Suly) Gutierrez, Credible Messenger	Just Us 4 Youth	N
Tremale Ratcliffe, Program Supervisor (Youth & Young Adult Employment Services)	Just Us 4 Youth	N
Isaura Campos-Argumosa, Supervisor	LA County Dept. of Child & Family Svs.	Y
Monica Rivas, Assistant Regional Administrator	LA County Dept. of Child & Family Svs.	N
Sandra Sharma, Supervisor	LA County Dept. of Child & Family Svs.	N
Ezequiel De La Torre, Coordinator I, Community Schools Initiative	LA County Office of Education	N
Frank Cambero, Detective	La Verne Police Department	N
Jay Alvarado, Sergeant	La Verne Police Department	N
Christina Vera, President	National Alliance on Mental Illness-Pomona Valley	N
Brad Paulson, Sergeant	Pomona Police Department	N
Ryan Rodriguez, Lieutenant	Pomona Police Department	Y
Frank Guzman, President	Pomona Pride Center	N
Patti Azevedo, Program Administrator, Pupil & Community Services	Pomona Unified School District	N
Janolyn (Jill) Trojanowski, Manager Social Work, Palliative Care and Spiritual Care Services	Pomona Valley Hospital ER	Y
Karissa Gonyea, Supervisor, Social Work and Palliative Care	Pomona Valley Hospital ER	Y
Elijah McCauley, Clinical Trainer SBHG	Stars Behavioral Health Group	N
Alexandra Oliva, Director of Student Outreach and Engagement	The School of Arts and Enterprise	Y

Dana Barford, Director of MHSA and Ethnic Services	Tri-City Mental Health Authority	Y
Debbie Johnson, Program Manager	Tri-City Mental Health Authority	Y
Elizabeth (Liz) Renteria, Chief Clinical Officer	Tri-City Mental Health Authority	Y
Erin Sapinoso, Program Analyst II (Grants)	Tri-City Mental Health Authority	Y
Jessica Arellano, Administrative Assistant	Tri-City Mental Health Authority	Y
Keri Zehm, Program and Outcomes Analyst Supervisor	Tri-City Mental Health Authority	N
Kitha Torregano, Human Resources Manager	Tri-City Mental Health Authority	N
Nicole Lobato, PhD, Clinical Program Manager—ATC & TCG	Tri-City Mental Health Authority	N
Octavio Hernandez, Clinical Supervisor I	Tri-City Mental Health Authority	N
Rimmi Hundal, Executive Director	Tri-City Mental Health Authority	Y
Shawn Smith, Med Support Team/Walk in Crisis/IOET/PACT Manager	Tri-City Mental Health Authority	Y
Trevor Bogle, Controller	Tri-City Mental Health Authority	Y
Adrianne Montero-Camacho, SOS Coordinator & Case Manager	University of La Verne	N

Welcome and Introductions
- Anonymous demographic data survey (request for each attendee to complete at every meeting)

Community Learning
- Discussion of training options
- Claremont police department advised:
    o Need for resources to refer mental health calls to
    o Putting a training calendar together; quarterly schedules
    o Hosting short trainings (15-20 minutes)
    o Providing advanced notice for officers to participate as available
    o Potential options for training times include briefings (4) and shift changes
- Claremont community wants police department out of mental health issues and support specific to/for mental health; explore triage process to get youth to right program
- Youth support and development
    o Transition to Independence Program (suggestions of who can benefit from this training); offer a TIP-informed training and a more intense training
        ▪ Tri-City to organize training for different groups to decide who/how many to attend; plan to offer in three models
            • Training for all providers
            • Youth
            • Train the trainer (model for sustainability)
    o Youth Mental Health First Aid
        ▪ Education to pick up warning signs of mental health related issues and to prevent mental health deterioration
        ▪ Education to build skills in responding in the moment to supplement referral system
        ▪ 6-8 hour training
        ▪ Tri-City to host meetings for people to sign up
    o Erika's Light House

- School approach
- Can it be for parents?
- (Follow up with Lisa or Kristyne)
  - (Not discussed but noted in previous meeting: Collaborative Problem Solving: Thinkkids.org; model previously suggested by DCFS and used with families in collaboration with trauma informed care)
- Suicide
  - Columbia Suicide Severity Rating Scale
    - Tool for everyone: school counselors, law enforcement, adults who work with youth
    - Provides questions for different settings
    - Short trainings
    - Already being used in Pomona Valley Hospital Emergency Room—implemented automatically organization-wide for individuals over age 12; protocols, process, and steps in place with knowledge of what to do in case of any result or situation; immediate resources are available; before initiating, make appropriate/necessary follow-up built in
    - When would be a good time to bring it to community?
  - SAFE T (Suicide Assessment: Five step Evaluation and Triage)
    - Pocket cards
  - Collaborative Assessment and Management of Suicidality (CAMS)
    - Good for clinicians and school mental health staff
    - Treatment
  - Signs of Suicide
    - Geared for younger youth
    - Would be used in school setting (to consult with school partners on implementation)
    - Thumbs up
  - Zero Suicide
  - QPR (Question, Persuade, and Refer)
    - Good for law enforcement
    - Enhance, inform, and review
- LGBTQ+
  - Trevor Project
    - Tri-City can host trainings and make it part of quarterly sign-up calendar
  - OUT for Safe Schools (previously suggested by Patti)
    - Anti-bullying trainings
    - Add to quarterly training calendar?
- Community engagement, outreach, and development
  - Community Resiliency Model
    - Trauma-informed
    - Teaches wellness skills and stabilization for provider and person receiving treatment services
    - Support in response to crisis
    - Self-care after crisis
    - Different options of training models
    - Anyone can benefit
  - This is My Brave—agreed to implement
    - School of Arts and Enterprise suggestion; board member connection; offered to co-host/facilitate
    - Theater show/storytelling

- ▪ Brings awareness to mental health
- Additional suggestions to explore
  - o Crisis Intervention Team (CIT) trainings
  - o Chris Anzalone (Tri-City staff member) is certified to train
- **For next meeting: share proposed training plan**

MHSSA School Partnership Funding

- Available by application
- Dialogue on when and how to use funds
- Tight schedule for applying during the school year
- Attempting to create a pain free, user friendly, and timely process
- SAE: second half of semesters (e.g., Nov/Dec and summer) would be most convenient to go through an application process
- Potential for other non-school agency to apply as long as fund use supports students in school
- Questions
  - o When will funds be disbursed?
  - o Why when will funds need to be used?
  - o Will the application process and timeline be rolling?
  - o Funds will need to be used within the MHSSA grant timeframe (four years—ending December 31, 2026).
- **For next meeting: outline dates, funding amounts—iterative process, feedback will be incorporated**

Communications Plans

- Campaigns
  - o Use social media
  - o Incorporate youth voice
  - o Art gallery (every six months) hosted virtually during pandemic; previously in person with the chance to meet the artist
  - o Webinars
  - o Events
  - o Family engagement
  - o On-demand access (e.g., key words) to information for the intentional looker and casual scroller
  - o Youth voice and produced materials; short videos and testimonials
  - o Word of mouth is the number one way information is shared. Use trusted messengers.
  - o Youth/parent advocates
  - o Partner with already established organizations, campaigns, events, etc.
  - o Pomona community poll ups
- Examples
  - o Speakers Bureau; Courageous Minds at Tri-City
  - o Wellness Center contest for mental health videos
  - o May is Mental Health Awareness Month
    - ▪ SAE has won a statewide award for student produced mental health media
    - ▪ Host premieres of youth work
    - ▪ Video contest for local schools; air videos during governing board meetings
    - ▪ Every year, for the past 10 years, one school in the Tri-City area has received statewide recognition

Zoom Housekeeping

▷ Remain on mute when not speaking; unmute when you would like to speak.

▷ Use the "Raise Hand" option (by selecting the "Reactions" button) to let us know you would like to say something.

▷ Chat is available for typing questions and comments and to participate in activities.

Values

▷ Mission-focused

▷ Organization; effective and efficient work

▷ Respect and being respectful

▷ Open-mindedness and out-of-the-box thinking

▷ Openness and honesty ("the good, the bad, the ugly")

▷ Address challenges and acknowledge strengths

▷ Positive communication

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Agenda

▷ Welcome and introductions (in chat)

▷ Community learning and training

▷ School partnership funding process

▷ Communications—campaigns

Welcome and Introductions

ES

Introductions (in chat)

▷ Name

▷ Position

▷ Organization

Data and Reporting

- ➢ Request for demographic information of planning partners
- ➢ Voluntary and anonymous survey
- ➢ Link: https://forms.microsoft.com/r/j6r5jej7PE

Developing Community Learning

DJ

Target Groups

- Youth (ages 25 and under)
- At risk groups
  - LGBTQ+
  - Foster youth
  - Suspended/expelled
- Parents and family members
- Friends
- Community members

- Education/school staff
- Law enforcement
- Mental/behavioral health providers
- Hospital
- Youth—serving agencies
- Child welfare

Recommendations and Suggestions

Name	Description	Target Audience	How to use for MHSSA/CCMU?
Transition to Independence Program (TIP)	Model/practice for working with youth and young adults	Adults who help youth	
Youth Mental Health First Aid	Public education program introducing unique risk factors and warning signs of mental health problems in adolescents	Adults who help youth	
This is My Brave	Theater show/ storytelling through creative expression	Community members	How to publicize?

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Recommendations and Suggestions

Name	Description	Target Audience	How to use for MHSSA/CCMU?
Columbia Suicide Severity Rating Scale	Protocol/questionnaire used to assess suicide risk	Adults	
SAFE-T (Suicide Assessment: Five-step Evaluation and Triage)	Pocket card suicide assessment	Clinicians, Law Enforcement	
Collaborative Assessment and Management of Suicidality (CAMS)	Care philosophy and therapeutic framework for suicide-specific assessment and treatment of suicidal risk	Clinicians, School Mental Health Staff	

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Recommendations and Suggestions

Name	Description	Target Audience	How to use for MHSSA/CCMU?
Trevor Project	Suicide prevention and crisis intervention for LGBTQ+	LGBTQ+ Youth	
Signs of Suicide	Suicide prevention program	Youth grades 6-12	
Erika's Light House	Education and awareness about adolescent depression	Adults	
Zero Suicide	Organizational framework	Provider/ agency	Tri-City is implementing

DJ

Recommendations and Suggestions

Name	Description	Target Audience	How to use for MHSSA/CCMU?
OUT for Safe Schools	Anti-bullying training; LGBTQ+ allyship	School staff	
Community Resiliency Model	Stabilization program	Community members	
QPR (Question, Persuade, and Refer)	Suicide prevention training	Adults	

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Mental Health Student Services Act

School Partnership Funding

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Establishing Guidelines and Process

▷ Criteria for eligible applicants

▷ Timelines: application process, project implementation, fund disbursement

▷ Fillable application form

    ▷ Contact information

    ▷ Financial information

    ▷ Description of proposed project/use of funds

▷ Budget

▷ Reporting requirements

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Campaign Examples

▷ Tri-City
 ▷ Green Ribbon Week (annual—stigma reduction)
  ▷ 2022 theme: #Talktoheal
  ▷ Webinars (e.g., Mental Health 101)
 ▷ Room 4 Everyone (stigma reduction)
  ▷ Continuum of care
  ▷ Fact-sharing
  ▷ Affordable housing
  ▷ Presentations
  ▷ Art gallery

ES

Community-wide campaign 1

▷ Increase awareness of and access and linkage to mental health services and crisis care

▷ What would a campaign look like?

▷ What does it involve?

Community-wide campaign 2

▷ Reduce mental health stigma and discrimination

▷ What would this campaign look like?

▷ What does it involve?

ES

Tasks and activities

▷ Baseline quantitative data (available reports)

▷ Recommendations and suggestions for project (both MHSSA and CCMU)

▷ Youth voice and involvement

▷ Next planning meetings:

  ▷ **8:30 AM November 30, 2022**

  ▷ **8:30 AM January 25, 2023**

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Thank you!

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