

September Suicide Prevention

AWARENESS MONTH

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Suicide Prevention Activity Challenge of the Week

NATIONAL SUICIDE PREVENTION WEEK
Sept 4 - 10, 2022

Virtual Event

In-Person Event



01

02

03

04

Know the Signs

05

06

07

Know the Signs
Webinar
3:30 pm - 4:30 pm

08

09



10

11

Find the Words



12

Teen Hour Trivia Game
4 pm - 5 pm

13

Virtual Conference
LA Suicide Prevention Network Summit
Community Track

14

Virtual Conference
LA Suicide Prevention Network Summit
Clinical Track

15

Virtual Conference
LA Suicide Prevention Network Summit
First Responders and Veterans

16

17

18

Reach Out

19

Loteria Game Night
4-5 pm

20

21

22

23

24

25

26

27

Storytime
Pomona Public Library
3:30 pm - 4:30 pm

28

Directing Change
Youth Film Screening
4 pm

29

30



Take Action for Suicide Prevention



@TriCityMHS

#TriCityTakeAction4SP

Need Support Now?

If you or someone you know is struggling or is in crisis, help is available.

Call or text **988** or chat **988lifeline.org**.

Scan QR Code to RSVP or to learn more about each event!