



# HOPE. WELLNESS. COMMUNITY.

Let's find it together.

## TRI-CITY MENTAL HEALTH AUTHORITY

Founded in 1960  
by the residents

of Pomona,  
Claremont and La  
Verne.

### NOTICE AND CALL

### FOR SPECIAL MEETING OF THE MENTAL HEALTH COMMISSION

**NOTICE IS HEREBY GIVEN** that a Special Meeting of the Mental Health Commission of Tri-City Mental Health Authority has been called for Tuesday, **June 11, 2024 at 3:30 p.m.** to be held in the Wellness Center located at 1403 North Garey Avenue, Pomona, California due to construction activities at the regular meeting location.

Anne Henderson  
Chair of the Mental Health Commission

The agenda for the Special Meeting is attached hereto.

### AFFIDAVIT OF POSTING

I, Micaela P. Olmos, JPA Administrator/Clerk/Recording Secretary of Tri-City Mental Health Authority, hereby declare under the laws of the State of California, that a copy of said Notice was posted at the following TCMHA locations: 2008 N. Garey Avenue in Pomona; 1403 N. Garey Avenue in Pomona; 1900 Royalty Drive #180/280 in Pomona; 2001 N. Garey Avenue in Pomona; and on the TCMHA's website: <http://www.tricitymhs.org>.

Executed this 7th day of June 2024, at Upland, California.

Micaela P. Olmos  
JPA Administrator/Clerk/Recording Secretary

#### **GOVERNING BOARD**

Jed Leano, Chair  
(Claremont)  
John Nolte, Vice-Chair  
(Pomona)  
Carolyn Cockrell,  
Member  
(La Verne)  
Paula Lantz, Member  
(Pomona)  
Wendy Lau, Board  
Member  
(La Verne)  
Elizabeth Ontiveros-Cole,  
Member  
(Pomona)  
Ronald T. Vera, Member  
(Claremont)

**Administrative Office**  
1717 North Indian Hill  
Boulevard, Suite B  
Claremont, CA 91711  
Phone (909) 623-6131  
Fax (909) 623-4073

**Clinical Office / Adult**  
2008 North Garey Avenue  
Pomona, CA 91767  
Phone (909) 623-6131  
Fax (909) 865-9281

**Clinical Office / Child & Fam**  
1900 Royalty Drive, Suite 180  
Pomona, CA 91767  
Phone (909) 766-7340  
Fax (909) 865-0730

**MHSA Administrative Office**  
2001 North Garey Avenue  
Pomona, CA 91767  
Phone (909) 623-6131  
Fax (909) 326-4690

**Wellness Center**  
1403 North Garey Avenue  
Pomona, CA 91767  
Phone (909) 242-7600  
Fax (909) 242-7691



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**MISSION:** *By understanding the needs of consumers and families, Tri-City Mental Health Authority provides high quality, culturally competent behavioral health care treatment, prevention and education in the diverse cities of Pomona, Claremont, and La Verne.*

## TRI-CITY MENTAL HEALTH AUTHORITY

### MENTAL HEALTH COMMISSION

#### SPECIAL MEETING AGENDA

**TUESDAY, JUNE 11, 2024 AT 3:30 P.M.**

**Meeting Location: Wellness Center, 1403 North Garey Avenue, Pomona, CA 91767**

**To join the meeting on-line click on the following link: <https://tricitymhs-org.zoom.us/j/89179601076?pwd=lgv-JN0UTCdDHhWw1FliFpk48YFhwT1d.Y8WvTCFKKrWB8O4v>**

**Passcode: xm.T07sV**

**Public Participation.** *Section 54954.3 of the Brown Act provides an opportunity for members of the public to address the Mental Health Commission (MHC) on any item of interest to the public, before or during the consideration of the item, that is within the subject matter jurisdiction of the Commission. Therefore, members of the public are invited to speak on any matter on or off the agenda. If the matter is an agenda item, you will be given the opportunity to address the legislative body when the matter is considered. If you wish to speak on a matter which is not on the agenda, you will be given the opportunity to do so at the Public Comment section. **No action shall be taken on any item not appearing on the Agenda. The Chair reserves the right to place limits on duration of comments.***

*In-person participation: raise your hand when the Chair invites the public to speak.*

*Online participation: you may provide audio public comment by connecting to the meeting online through the zoom link provided; and use the Raise Hand feature to request to speak.*

*Please note that virtual attendance is a courtesy offering and that technical difficulties shall not require that a meeting be postponed.*

*Written participation: you may also submit a comment by writing an email to [molmos@tricitymhs.org](mailto:molmos@tricitymhs.org). All email messages received by 12:30 p.m. will be shared with the Mental Health Commission before the meeting.*

*Any disclosable public records related to an open session item on a regular meeting agenda and distributed by Tri-City Mental Health Authority to all or a majority of the MHC less than 24 hours prior to this meeting, are available for public inspection at 1717 N. Indian Hill Blvd., Suite B, in Claremont during normal business hours.*

*In compliance with the American Disabilities Act, any person with a disability who requires an accommodation in order to participate in a meeting should contact JPA Administrator/Clerk Mica Olmos at (909) 451-6421 at least 12 hours prior to the meeting.*

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Phone (909) 242-7600  
Fax (909) 242-7691

## **POSTING OF AGENDA**

The Agenda was posted 24 hours prior to the meeting at the following Tri-City locations: Clinical Facility, 2008 N. Garey Avenue in Pomona; Wellness Center, 1403 N. Garey Avenue in Pomona; Royalty Offices, 1900 Royalty Drive #180/280 in Pomona; MHSA Office, 2001 N. Garey Avenue in Pomona; and on the Tri-City's website: <http://www.tricitymhs.org>

## **CALL TO ORDER**

Chair Henderson calls the meeting to Order.

## **ROLL CALL**

Anne Henderson – *Chair*  
Wray Ryback – *Vice-Chair*  
Carolyn Cockrell – GB Liaison  
Clarence D. Cernal  
Isabella A. Chavez

Sandra Christensen  
Mildred Garcia  
Ethel Gardner  
Frank Guzman  
Laura Mundy

Joan M. Reyes  
Janet R. Roy  
Twila L. Stephens  
Toni L. Watson  
Danette E. Wilkerson

## **NEW BUSINESS**

### **I. PRESENTATION**

#### **A. OVERVIEW OF JUNE – PRIDE MONTH**

#### **B. OVERVIEW OF SUMMER CAMP HOSTED BY TCMHA AT THE WELLNESS CENTER**

#### **C. PUBLIC SERVICE ANNOUNCEMENTS ABOUT MENTAL HEALTH AND SUICIDE PREVENTION SUBMITTED BY STUDENTS FROM LOCAL SCHOOLS IN THE 2024 DIRECTING CHANGE PROGRAM & FILM CONTEST, A STATEWIDE PROGRAM SUPPORTED BY CALMHSA**

### **II. EXECUTIVE DIRECTOR MONTHLY REPORT**

## **COMMISSION ITEMS AND REPORTS**

Commissioners are encouraged to make brief comments or request information about mental health needs, services, facilities, or special problems that may need to be placed on a future Mental Health Commission Agenda. In addition, this is an opportunity to provide reports on their activities.

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### **PUBLIC COMMENT**

The Public may speak regarding any Tri-City Mental Health Authority related issue. No action shall be taken on any item not appearing on the Agenda. The Chair reserves the right to place limits on duration of comments.

### **ADJOURNMENT**

The next Regular Meeting of the **Mental Health Commission** will be held on **Tuesday, July 9, 2024 at 3:30 p.m.**, in the Wellness Center, 1403 North Garey Avenue, Pomona, California.

MICAELA P. OLMOS  
JPA ADMINISTRATOR/CLERK



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## **II. PRESENTATION**

### **A. OVERVIEW OF JUNE – PRIDE MONTH**

Presenter: Corey Campos, Clinical Therapist I

### **B. OVERVIEW OF SUMMER CAMP HOSTED BY TCMHA AT THE WELLNESS CENTER**

Presenter: Michelle Mata, MHSA Program Supervisor, Wellness Center

### **C. PUBLIC SERVICE ANNOUNCEMENTS ABOUT MENTAL HEALTH AND SUICIDE PREVENTION SUBMITTED BY STUDENTS FROM LOCAL SCHOOLS IN THE 2024 DIRECTING CHANGE PROGRAM & FILM CONTEST, A STATEWIDE PROGRAM SUPPORTED BY CALMHSA**

Presenter: Brittany Nguyễn, Community Capacity Organizer



**Tri-City Mental Health Authority  
MONTHLY STAFF REPORT**

**DATE:** June 11, 2024  
**TO:** Mental Health Commission  
**FROM:** Rimmi Hundal, Executive Director  
**SUBJECT:** Executive Director's Monthly Report

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### **MHSA PROGRAM REVIEW**

Beginning June 3, the Department of Health Care Services (DHCS) will conduct an MHSA program and services review for Tri-City Mental Health Authority, per Welfare and Institutions Code section 5897(d). This triennial county review was last conducted with TCMHA in 2021. Staff from all MHSA programs as well as Finance, Best Practices, and Human Resources supplied documentation from FY 2022-23 which is the timeframe for this review. These documents were submitted to DHCS and are currently under desk review. Upon completion of the review TCMHA will receive a Program Review (PR) report with any findings or recommendations.

### **JUNETEENTH-JUNE 19**

Juneteenth commemorates the day Union troops arrived in Galveston, Texas on June 19, 1865, to enforce General Order Number 3, freeing enslaved people in the state. The following year, freed black people in Texas organized and celebrated "Jubilee Day" on June 19th to celebrate their freedom. Today, June 19th is recognized as a national holiday across the United States and stands for African Americans' liberation, resilience, and excellence and is a day to celebrate the freedom and strength of a community that has fought and overcome years of exploitation.

### **PRIDE MONTH**

June is Pride Month, a time where LGBTQIA+ communities around the world come together to celebrate the freedom to be themselves. Pride Month is recognized in June because of its historical ties to the Stonewall Riots in 1969. In the early hours of June 28, 1969, police raided the Stonewall Inn, an LGBTQIA+ bar in New York's Greenwich Village, and began hauling customers outside. New York's LGBTQIA+ community, tired of years of harassment by authorities, broke out in neighborhood riots that went on for three days. The uprising became the groundwork for the LGBTQIA+ civil rights movement. A year later the first pride marches were held. Now, Pride Month is a time to celebrate, a time to show support, a time to listen, and a time to learn.

## COMMUNITY EVENTS FOR JUNE

- **Friday Movie Nights at the Tri-City Wellness Center**
  - **Fridays**  
6:00 PM–7:30 PM  
Tri-City Wellness Center (1403 N Garey Ave, Pomona)
  - Bring your friends and family, blankets and pillows! Complimentary snacks will be provided. This event is free and open for all ages to attend. For more information, contact the Tri-City Wellness Center at (909) 242-7600 or [wellness@tricitymhs.org](mailto:wellness@tricitymhs.org). Check out the rest of our May movie lineup!
    - **May 31:** Angry Birds
    - **June 7:** Shrek
    - **June 14:** Finding Nemo
    - **June 21:** The Princess and the Frog
    - **June 28:** Space Jam New Legacy
  
- **Motivational Interviewing (Free Wellness Webinar)**
  - **Friday, June 14, 2024**  
1:00 PM–3:00 PM via Zoom
  - Motivational Interviewing (MI) is a collaborative conversation to help people resolve their ambivalence or uncertainty about making personal, meaningful change. MI strengthens a person's motivation and commitment toward a specific goal by exploring their own reasons for change within an environment of acceptance and compassion. This training is free and open to the general public, service providers, community groups, and organizations in Pomona, Claremont and La Verne.
    - Registration for free at <https://tinyurl.com/4y26bmfs>.
  - For more information, contact Paul Osorio, Community Behavioral Health Trainer, at [cmht@tricitymhs.org](mailto:cmht@tricitymhs.org).
  
- **Let's Get Crafty**  
Free Event for ages 16-25
  - **Monday, June 17, 2024**  
5:00 PM–6:00 PM  
Tri-City Wellness Center (1403 N Garey Ave, Pomona)
  - Join us for an hour of colorful fun as we dive into exciting DIY projects, unleash our inner Picasso, and let our imaginations run wild.

- **RAINBOW LGBTQIA+ Wellness Collaborative Monthly Meeting**
  - **Tuesday, June 18, 2024** (Every 3<sup>rd</sup> Tuesday of the month)  
11:00 AM–12:00 AM via Zoom
  - To join, please contact Cory Campos, RAINBOW Chair, at [dei@tricitymhs.org](mailto:dei@tricitymhs.org) to receive a meeting link.
- **Supporting LGBTQIA+ Youth**  
**Let's Talk: MHSSA Student Wellness Series**
  - **Thursday, June 20, 2024**  
4:00 PM | Via Zoom  
[Click here to register](#)
  - Please join the [MHSSA \(Mental Health Student Services Act\)](#) team for our monthly Student Wellness webinar series. This is a free parent/caregiver-focused webinar held monthly on the 3<sup>rd</sup> Thursday of the month and open to the general public. This month, join us for and discover different ways to support LGBTQIA+ youth and how you can create a safe and supportive environment for youth to feel accepted and empowered.
  - For more information contact Markie Sterner, Clinical Supervisor, and the MHSSA team.
- **MHSSA Father's Group**
  - **Thursday, June 20, 2024**  
6:30 PM–8:00 PM  
Tri-City Wellness Center (1403 N Garey Ave, Pomona)
  - Please join our MHSSA Grant team for our parent group, held every 3<sup>rd</sup> Thursday of the month. Hang out and connect with other parents while watching live sports games and popular sports movies! Snacks and food provided. This is a free support group for parents, guardians, caregivers and any father figure of a child.
  - For more information contact Keith Colder or Nicholas Chang.
- **Senior Movie Matinee at the Tri-City Wellness Center**
  - **Wednesday, June 26, 2024**  
12:00 PM–2:00 PM  
Film Showing: Pee-Wee's Big Adventure  
Tri-City Wellness Center (1403 N Garey Ave, Pomona)
  - Free and open to older adults. Snacks included! For more information, contact the Tri-City Wellness Center at (909) 242-7600 or [wellness@tricitymhs.org](mailto:wellness@tricitymhs.org). No registration required.



- **Teen/Young Adult Movie Night at the Tri-City Wellness Center**
  - **Thursday, June 27, 2024**  
5:00 PM–7:30 PM  
Film Showing: Spider-Man Homecoming  
Tri-City Wellness Center (1403 N Garey Ave, Pomona)
  - Free and open to ages 16-25. Snacks included! For more information, contact the Tri-City Wellness Center at (909) 242-7600 or [wellness@tricitymhs.org](mailto:wellness@tricitymhs.org). No registration required.