

**FREE** Wellness Webinar

# VETERANS AND MENTAL HEALTH

Understanding common challenges and  
learning how to provide support to veterans



**Guest Presenter**  
Donald Perez  
Vietnam Veteran

**Thursday,  
Nov 5  
11 AM**

**REGISTER FOR THIS WEBINAR**

[bit.ly/veteran-mental-health](https://bit.ly/veteran-mental-health)

**For more information, contact:**

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