

FEBRUARY

2025



MONDAY

TAY Club
4 PM



Let's Get Crafty
5 PM



TUESDAY

Peace of Mind
4 PM
(HYBRID)



Music Group
5 PM



WEDNESDAY

Popcorn, Peers & Leadership
4 PM



Groups for Ages 16-25

Transition Age Youth Calendar
JOIN US IN PERSON OR VIRTUALLY!

THURSDAY

Fun with Friends
4 PM



FRIDAY



Friendly Feud
4 PM



Youth Movie Nights
Tuesdays at 6 PM

Feb 4 | Paul Blart Mall Cop
Feb 18 | Thomas & the Magic Railroad
Feb 25 | Mean Girls

Friendship Party

Feb 11 at 6 PM

Cooking Class

Feb 20 at 5 PM



Tri-City Wellness Center

(909) 242-7600 | wellness@tricitymhs.org

1403 N Garey Ave, Pomona, CA 91767

HOPE. WELLNESS. COMMUNITY.

Let's find it together.

Visit tricitymhs.org and follow us @tricitymhs