

January 2025

MONDAY

TAY Club
4 PM



Let's Get Crafty
5 PM



TUESDAY

Peace of Mind
4 PM
(HYBRID)



Music Group
5 PM



WEDNESDAY

Popcorn, Peers & Leadership
4 PM



Groups for Ages 16-25

Transition Age Youth Calendar
JOIN US IN PERSON OR VIRTUALLY!

THURSDAY

Fun with Friends
4 PM



FRIDAY

Friendly Feud
4 PM



YOUTH MOVIE NIGHTS

Tuesdays at 6 PM



January 7 — Ice Age
January 14 — Happy Feet
January 21 — Zathura
January 28 — Wall-E



Tri-City Wellness Center

(909) 242-7600 | wellness@tricitymhs.org
1403 N Garey Ave, Pomona, CA 91767

HOPE. WELLNESS. COMMUNITY.

Let's find it together.

Visit tricitymhs.org and follow us @tricitymhs