

MARCH 2025

Tri-City Wellness Center Calendar



MONDAYS

Grief and Loss
12 pm

WEDNESDAYS

Senior Social
2 pm

FRIDAYS

Senior Calm
2 PM
(hybrid)

UPCOMING EVENT

**Senior Movie
Matinee**
March 24 at 2 pm

**FERRIS
BUELLER'S
DAY OFF**



For more information or to request accommodations or technology assistance, please contact:

(909) 242-7600 | wellness@tricitymhs.org
1403 N Garey Ave, Pomona, CA 91767

HOPE. WELLNESS. COMMUNITY.

Let's find it together.

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