

# March 2025



## MONDAY

**TAY Club**  
4 PM



**Let's Get Crafty**  
5 PM



## TUESDAY

**Peace of Mind**  
4 PM  
(HYBRID)



**Music Group**  
5 PM



## WEDNESDAY

**Popcorn, Peers & Leadership**  
4 PM



## Groups for Ages 16-25

Transition Age Youth Calendar

JOIN US IN PERSON OR VIRTUALLY!



## THURSDAY

**Fun with Friends**  
4 PM



## FRIDAY

**Friendly Feud**  
4 PM



## Youth Movie Night

Dunkirk  
March 25 at 6PM

**Cooking Class**  
March 20 at 5 PM



**Tri-City Wellness Center**

(909) 242-7600 | [wellness@tricitymhs.org](mailto:wellness@tricitymhs.org)

1403 N Garey Ave, Pomona, CA 91767

**HOPE. WELLNESS. COMMUNITY.**

Let's find it together.

Visit [tricitymhs.org](http://tricitymhs.org) and follow us @tricitymhs