



Tri-City Wellness Center

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Main Line (909) 242-7600

Email wellness@tricitymhs.org



www.tricitymhs.org



@TriCityMHS



Finding a job can be hard.
We can help.

The Employment Vocational Services Department at the Wellness Center is committed to providing free individualized employment services in the community. Our team is made up of dedicated professionals whose goal is to help individuals navigate through every stage of employment and career planning, as needed.

Job seekers can access one-on-one support and a range of free services to support their professional development.

Our goal is to help you gain the necessary skills to advance in your career path and successfully obtain and maintain gainful employment.



All services at the Tri-City Wellness Center are free and funded through the voter approved Mental Health Services Act (MHSA, Prop 63)

Tri-City Wellness Center Employment Vocational Services



We're here to help you find your path

Employment Vocational Services

Our trained staff assist individuals of all ages and experience levels with developing a professional job profile. Individuals can receive support for their employment and vocational needs, including:

- + Resume and cover letter writing
- + Job search
- + Application assistance
- + Interview preparation
- + Mock interviewing and feedback
- + Tips for dressing for success
- + Job maintenance skills
- + Free weekly job board postings
- + Linkage to educational resources



Whether you are currently unemployed, working part-time, looking for training or certification opportunities, transitioning to a new career or re-entering the workforce, we have resources to assist you.



Free Computer Lab Access

Do you need access to the internet for job searching or school? The Wellness Center Computer Lab offers computers equipped with Microsoft Office programs, including Word, Excel and PowerPoint, as well free typing and language learning applications.

Free Computer Classes

We offer basic, intermediate and advanced level classes to improve your computer skills. Participants are awarded a Certificate of Completion after completing a 24-week class.

We are here to support your professional development.

Free Wellness Center Classes

English Learning Class

Enhance your English speaking/writing skills.

Money Management

Learn how to manage your money to better reach your personal financial goals.

*Group and class times are subject to change without notice. Please contact the Wellness Center for more information about current groups.



Employment Workshops

We provide information on a variety of employment topics to assist job seekers prepare for workforce opportunities. Participants can learn effective job search skills to improve their current employment prospects.



Hiring Events

Connect directly with employers from a variety of industries. Employers are looking to hire qualified candidates to fill part-time and full-time positions.



Annual Job Fair

Our job fair provides a unique opportunity to interact with over 20 participating employers. Employers can screen and schedule qualified applicants for interviews, collect resumes and applications, answer questions about the job and more!

Contact us to schedule a **free confidential appointment**

Wellness Center
Employment Department

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