



In honor of Movember  
Men's Health Awareness Month

# Let's Talk About Men's Wellness

**WEDNESDAY**  
**NOVEMBER 17, 2021**  
**10-11 AM**



Please join us to gain awareness about men's mental health. Attendees will learn about factors that impact men's wellness men as professionals, leaders, fathers, sons, and individuals. Gain tips and strategies to support men as they work toward their health and well-being.

#### **GUEST PRESENTER**

**Dr. James Rodríguez, MSW**

*Chief Executive Officer and President*  
Fathers and Families Coalition of America

REGISTER FOR FREE

[bit.ly/3Gcwctl](https://bit.ly/3Gcwctl)

#### **FOR MORE INFORMATION**

Contact the Community Mental Health Training Department to learn more about attending or hosting a free mental health training.