



JUST US 4 YOUTH  
MENTOR | HEAL | DEVELOP

# LET'S TALK ABOUT STIGMA

LISTENING CIRCLE

**Wednesday, March 16**

3:30 PM - 4:30 PM

Join us in a peer-to-peer led listening circle where you and others get to share about how you experience mental health stigma and ways we can fight against it as a community.



**RSVP**  
[bit.ly/3sioqJC](https://bit.ly/3sioqJC)

Scan the QR Code to  
learn more about  
Green Ribbon Week!

