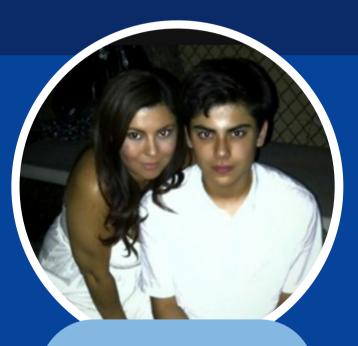


## COURAGEOUS MINDS SPEAKERS BUREAU

## **Friday, March 18** 6 PM - 7 PM

Join us to listen to one of our Courageous Minds Speakers, Lydia, who will be sharing about her mental health experience and journey.



**Lydia Alvidrez** Speaker

## **RSVP** bit.ly/3seryGg

Scan the QR Code to learn more about Green Ribbon Week!

