

NUTRITION & WELLNESS

FREE WEBINAR SERIES PRESENTED
BY COMMUNITY NUTRITION
STUDENTS FROM CAL POLY
POMONA

April 7th Heart Health
April 14th Nutrition Fact Label

April 21st Balancing Your Diet
April 28th Diet and Weight

Thursdays in April from 1:00 - 2:00 pm

This series will share nutrition and
lifestyle information you may use to
improve your health and wellness

Register in advance for this webinar:

https://us06web.zoom.us/webinar/register/WN_JQtTXdkXST-j4jIRBqVjuQ

Questions? ejkiresich@cpp.edu



@TRICITYMHS



CalPolyPomona

Don B. Huntley
College of Agriculture