



Green Ribbon Week

March 17-21, 2025

You can
take action
to reduce
mental health
stigma.

Thrive in Mind

You can be the positive change that challenges the negative attitudes and stigma of mental health, **one conversation at a time.**



The **third week of March** is designated as **Green Ribbon Week** in **Pomona, Claremont and La Verne** to offer people tools and resources to promote positive mental health change.

Discover ways you can take action to enhance mental health awareness and community connection. Visit tricitymhs.org and follow us [@tricitymhs](https://twitter.com/tricitymhs).