



November 2026

MONDAY

Let's Get Crafty
3:30 PM



TAY Club
4:30 PM



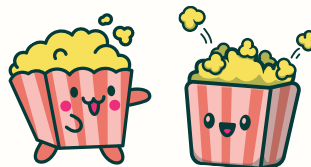
TUESDAY

Peace of Mind
4 PM
(HYBRID)



WEDNESDAY

Popcorn, Peers & Leaders
4 PM



GROUPS FOR AGES 16-25

Transition Age Youth Calendar

JOIN US IN PERSON OR VIRTUALLY!

THURSDAY

Fun with Friends
4 PM



FRIDAY

Friendly Feud
4 PM



IT'S FALL Y'ALL
Wednesday
November 11
5:30-7:30 PM



Tri-City Wellness Center

(909) 242-7600 | wellness@tricitymhs.org
1403 N Garey Ave, Pomona, CA 91767

HOPE. WELLNESS. COMMUNITY.

Let's find it together.

Visit tricitymha.ca.gov and follow us @tricitymha