

OCTOBER



2026

GROUPS FOR AGES 16-25

Youth & Young Adult Calendar

JOIN US IN PERSON OR VIRTUALLY!



MONDAY

Let's Get Crafty
3:30 PM



TAY Club
4:30 PM



TUESDAY

Peace of Mind
4 PM
(HYBRID)



WEDNESDAY

Popcorn, Peers & Leadership
4 PM



THURSDAY

Fun with Friends
4 PM



FRIDAY

Friendly Feud
4 PM



Tri-City Wellness Center

(909) 242-7600 | wellness@tricitymhs.org

1403 N Garey Ave, Pomona, CA 91767

HOPE. WELLNESS. COMMUNITY.

Let's find it together.

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