

SEPTEMBER 2026

GROUPS FOR AGES 16-25

Youth & Young Adult Calendar

**JOIN US IN
PERSON OR
VIRTUALLY!**

*I am
loved*

Monday

**Let's Get
Crafty**
3:30 PM



**TAY
Club**
4:30 PM



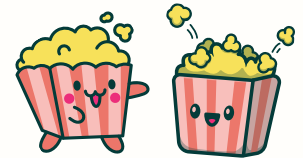
Tuesday

Peace of Mind
4 PM
(HYBRID)



Wednesday

**Popcorn, Peers &
Leaders**
4 PM



Thursday

Fun with Friends
4 PM



Friday

Friendly Feud
4 PM



Special Event

PEACE OF MIND
September 22
4 PM at the
Therapeutic
Community Garden



Tri-City Wellness Center

(909) 242-7600 | wellness@tricitymhs.org
1403 N Garey Ave, Pomona, CA 91767

HOPE. WELLNESS. COMMUNITY.

Let's find it together.

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