



**This is your
treatment.**


**This is your
care.**


**Your opinion and
feedback are very
important in
helping us meet
your personal
treatment goals.**




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COLLABORATIVE DOCUMENTATION

Working Together with
Your Treatment Team





What is collaborative documentation?

Collaborative documentation is writing notes with both you and a staff member on your treatment team. By writing notes together, you can decide what goals you are working toward and what progress you have made.



Working Together

How it works...

- 1 You will meet with a staff member, talk about your concerns and plan ways to address issues.
- 2 Nearing the end of your session a member of your treatment team will begin to review what you've worked on, and you both will jointly decide what to write down about that session.
- 3 With your help, your treatment team provider will then write the note at the end of the session.

How it helps...

Collaborative documentation lets you decide what is important for your treatment. By writing notes together:



You will help direct your goals and be more aware of how to accomplish them.



Your ideas will be part of the treatment plan, which will help you judge your progress.



You will be connected more directly to your goals, which will help you improve!